

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 1 Women 100 Meter Dash Novice**

| Name                      | School                      | Prelims | Wind | H# |
|---------------------------|-----------------------------|---------|------|----|
| <b>Preliminaries</b>      |                             |         |      |    |
| 1 Emily Griffiths         | St. Mary Chs - Brockville   | 13.88 q | NWI  | 1  |
| 2 Isla Speck              | Ange-Gabriel                | 14.53 q | NWI  | 1  |
| 3 Samantha Miles          | Athens District High School | 14.70 q | NWI  | 1  |
| 4 Emily Heffernan         | St. Mary Chs - Brockville   | 14.86 q | NWI  | 1  |
| 5 Chloe Ault              | South Grenville Dhs         | 15.06 q | NWI  | 2  |
| 6 Sophia Perera           | St. Mary Chs - Brockville   | 15.14 q | NWI  | 2  |
| 7 Hazel Provost           | South Grenville Dhs         | 15.81 q | NWI  | 2  |
| 8 Lilly Scott             | Athens District High School | 15.88 q | NWI  | 2  |
| 9 Presley Fernwalt-Boyчук | South Grenville Dhs         | 16.37   | NWI  | 1  |
| 10 Lilian Mayer           | South Grenville Dhs         | 16.85   | NWI  | 2  |

**Event 1 Women 100 Meter Dash Novice**

| Name              | School                      | Finals | Wind |
|-------------------|-----------------------------|--------|------|
| <b>Finals</b>     |                             |        |      |
| 1 Emily Griffiths | St. Mary Chs - Brockville   | 13.76  | NWI  |
| 2 Isla Speck      | Ange-Gabriel                | 14.02  | NWI  |
| 3 Samantha Miles  | Athens District High School | 14.91  | NWI  |
| 4 Emily Heffernan | St. Mary Chs - Brockville   | 14.99  | NWI  |
| 5 Chloe Ault      | South Grenville Dhs         | 15.22  | NWI  |
| 6 Lilly Scott     | Athens District High School | 15.54  | NWI  |
| 7 Hazel Provost   | South Grenville Dhs         | 15.96  | NWI  |

**Event 2 Men 100 Meter Dash Novice**

| Name                 | School                         | Prelims | Wind | H# |
|----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                                |         |      |    |
| 1 Aydin Hitchen      | Thousand Islands SS            | 12.30 q | NWI  | 2  |
| 2 Reed Pruner        | St. Mary Chs - Brockville      | 12.30 q | NWI  | 1  |
| 3 Darius Gaskell     | Thousand Islands SS            | 12.33 q | NWI  | 1  |
| 4 Jordan Griffith    | St. Michael - Kemptville       | 13.00 q | NWI  | 2  |
| 5 Nathan Marcotte    | Rideau District HS - Elgin     | 13.10 q | NWI  | 2  |
| 6 Rowan Hull         | North Grenville Dhs - Kemptvil | 13.36 q | NWI  | 2  |
| 7 Logan Hull         | North Grenville Dhs - Kemptvil | 13.51 q | NWI  | 2  |
| 8 Ethan Bueckert     | South Grenville Dhs            | 13.53 q | NWI  | 1  |
| 9 Bryson Longtin     | St. Mary Chs - Brockville      | 13.58   | NWI  | 2  |
| 10 Thomas Jacques    | South Grenville Dhs            | 14.76   | NWI  | 1  |
| 11 Owen Bradley      | North Grenville Dhs - Kemptvil | 15.70   | NWI  | 1  |

**Event 2 Men 100 Meter Dash Novice**

| Name              | School                         | Finals | Wind |
|-------------------|--------------------------------|--------|------|
| <b>Finals</b>     |                                |        |      |
| 1 Aydin Hitchen   | Thousand Islands SS            | 12.04  | NWI  |
| 2 Darius Gaskell  | Thousand Islands SS            | 12.09  | NWI  |
| 3 Reed Pruner     | St. Mary Chs - Brockville      | 12.14  | NWI  |
| 4 Rowan Hull      | North Grenville Dhs - Kemptvil | 13.02  | NWI  |
| 5 Nathan Marcotte | Rideau District HS - Elgin     | 13.10  | NWI  |
| 6 Logan Hull      | North Grenville Dhs - Kemptvil | 13.76  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 3 Women 200 Meter Dash Novice**

| Name                       | School                      | Prelims | Wind | H# |
|----------------------------|-----------------------------|---------|------|----|
| <b>Preliminaries</b>       |                             |         |      |    |
| 1 Emily Griffiths          | St. Mary Chs - Brockville   | 28.36 q | NWI  | 1  |
| 2 Marley Longtin           | Thousand Islands SS         | 29.45 q | NWI  | 2  |
| 3 Lily Merkley             | South Grenville Dhs         | 30.11 q | NWI  | 1  |
| 4 Emily Heffernan          | St. Mary Chs - Brockville   | 31.70 q | NWI  | 2  |
| 5 Lilly Scott              | Athens District High School | 32.84 q | NWI  | 2  |
| 6 Presley Fernwalt-Boychuk | South Grenville Dhs         | 33.64 q | NWI  | 1  |
| 7 Hazel Provost            | South Grenville Dhs         | 34.15 q | NWI  | 1  |

**Event 3 Women 200 Meter Dash Novice**

| Name                       | School                      | Finals | Wind |
|----------------------------|-----------------------------|--------|------|
| <b>Finals</b>              |                             |        |      |
| 1 Emily Griffiths          | St. Mary Chs - Brockville   | 29.15  | NWI  |
| 2 Marley Longtin           | Thousand Islands SS         | 29.97  | NWI  |
| 3 Lily Merkley             | South Grenville Dhs         | 30.17  | NWI  |
| 4 Emily Heffernan          | St. Mary Chs - Brockville   | 32.61  | NWI  |
| 5 Lilly Scott              | Athens District High School | 33.45  | NWI  |
| 6 Presley Fernwalt-Boychuk | South Grenville Dhs         | 34.21  | NWI  |
| 7 Hazel Provost            | South Grenville Dhs         | 37.48  | NWI  |

**Event 4 Men 200 Meter Dash Novice**

| Name                 | School                         | Prelims | Wind | H# |
|----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                                |         |      |    |
| 1 Jacob Hanna        | Thousand Islands SS            | 24.70 q | NWI  | 2  |
| 2 Lukus Doak         | Thousand Islands SS            | 24.97 q | NWI  | 1  |
| 3 Reed Pruner        | St. Mary Chs - Brockville      | 26.36 q | NWI  | 1  |
| 4 Ethan Bueckert     | South Grenville Dhs            | 27.09 q | NWI  | 1  |
| 5 Rowan Hull         | North Grenville Dhs - Kemptvil | 27.70 q | NWI  | 2  |
| 6 Jordan Collins     | North Grenville Dhs - Kemptvil | 28.43 q | NWI  | 2  |
| 7 Logan Hull         | North Grenville Dhs - Kemptvil | 28.88 q | NWI  | 1  |
| 8 Bryson Longtin     | St. Mary Chs - Brockville      | 28.91 q | NWI  | 2  |

**Event 4 Men 200 Meter Dash Novice**

| Name             | School                         | Finals | Wind |
|------------------|--------------------------------|--------|------|
| <b>Finals</b>    |                                |        |      |
| 1 Jacob Hanna    | Thousand Islands SS            | 24.32  | NWI  |
| 2 Lukus Doak     | Thousand Islands SS            | 25.33  | NWI  |
| 3 Reed Pruner    | St. Mary Chs - Brockville      | 25.63  | NWI  |
| 4 Logan Hull     | North Grenville Dhs - Kemptvil | 27.23  | NWI  |
| 5 Rowan Hull     | North Grenville Dhs - Kemptvil | 28.00  | NWI  |
| 6 Bryson Longtin | St. Mary Chs - Brockville      | 28.65  | NWI  |

**Event 5 Women 400 Meter Dash Novice**

| Name             | School                         | Finals  |
|------------------|--------------------------------|---------|
| <b>Finals</b>    |                                |         |
| 1 Lily Merkley   | South Grenville Dhs            | 1:05.17 |
| 2 Kenzie Barrett | North Grenville Dhs - Kemptvil | 1:07.14 |
| 3 Rowan Kleiss   | North Grenville Dhs - Kemptvil | 1:17.10 |
| 4 Leigha Kleiss  | North Grenville Dhs - Kemptvil | 1:31.57 |
| 5 Addison Kleiss | North Grenville Dhs - Kemptvil | 1:34.98 |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 6 Men 400 Meter Dash Novice**

|               | <b>Name</b>                | <b>School</b>               | <b>Finals</b> |
|---------------|----------------------------|-----------------------------|---------------|
| <b>Finals</b> |                            |                             |               |
| 1             | Jacob Hanna                | Thousand Islands SS         | 55.67         |
| 2             | Grant Emmell               | South Grenville Dhs         | 57.28         |
| 3             | Gabriel Droniou            | Athens District High School | 57.37         |
| 4             | Lukus Doak                 | Thousand Islands SS         | 59.83         |
| 5             | Nathaniel Cundell-Thompson | South Grenville Dhs         | 1:04.78       |

**Event 7 Women 800 Meter Run Novice**

|               | <b>Name</b>    | <b>School</b>                  | <b>Finals</b> |
|---------------|----------------|--------------------------------|---------------|
| <b>Finals</b> |                |                                |               |
| 1             | Temple Pauls   | Thousand Islands SS            | 2:33.55       |
| 2             | Lily Merkley   | South Grenville Dhs            | 2:50.58       |
| 3             | Kenzie Barrett | North Grenville Dhs - Kemptvil | 2:51.78       |
| 4             | Neve Crossman  | North Grenville Dhs - Kemptvil | 2:52.12       |
| 5             | Rowan Kleiss   | North Grenville Dhs - Kemptvil | 3:25.98       |
| 6             | Leigha Kleiss  | North Grenville Dhs - Kemptvil | 3:54.75       |

**Event 8 Men 800 Meter Run Novice**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> |
|---------------|------------------|--------------------------------|---------------|
| <b>Finals</b> |                  |                                |               |
| 1             | Grant Emmell     | South Grenville Dhs            | 2:15.48       |
| 2             | Cehlden Turcotte | Athens District High School    | 2:22.35       |
| 3             | Gabriel Droniou  | Athens District High School    | 2:26.92       |
| 4             | Matthew Grus     | North Grenville Dhs - Kemptvil | 2:28.07       |
| 5             | Ethan Ferguson   | St. Mary Chs - Brockville      | 2:31.33       |
| 6             | Levi De Visser   | South Grenville Dhs            | 2:48.73       |

**Event 9 Women 1500 Meter Run Novice**

|               | <b>Name</b>    | <b>School</b>                  | <b>Finals</b> |
|---------------|----------------|--------------------------------|---------------|
| <b>Finals</b> |                |                                |               |
| 1             | Arabel Major   | Thousand Islands SS            | 5:24.26       |
| 2             | Temple Pauls   | Thousand Islands SS            | 5:29.71       |
| 3             | Kenzie Barrett | North Grenville Dhs - Kemptvil | 5:51.56       |
| 4             | Neve Crossman  | North Grenville Dhs - Kemptvil | 5:52.57       |
| 5             | Lara Dufour    | Thousand Islands SS            | 5:53.49       |

**Event 10 Men 1500 Meter Run Novice**

|               | <b>Name</b>          | <b>School</b>                  | <b>Finals</b> |
|---------------|----------------------|--------------------------------|---------------|
| <b>Finals</b> |                      |                                |               |
| 1             | Zander Cassol-Snyman | North Grenville Dhs - Kemptvil | 4:47.00       |
| 2             | Grant Emmell         | South Grenville Dhs            | 4:49.25       |
| 3             | Cehlden Turcotte     | Athens District High School    | 4:49.43       |
| 4             | Ben Winters          | Thousand Islands SS            | 4:49.50       |
| 5             | Matthew Grus         | North Grenville Dhs - Kemptvil | 4:58.82       |
| 6             | Ethan Ferguson       | St. Mary Chs - Brockville      | 5:00.43       |
| 7             | Levi De Visser       | South Grenville Dhs            | 5:30.04       |
| 8             | TJ McCargar          | North Grenville Dhs - Kemptvil | 5:51.00       |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 11 Women 3000 Meter Run Novice**

|               | <b>Name</b>     | <b>School</b>       | <b>Finals</b> |
|---------------|-----------------|---------------------|---------------|
| <b>Finals</b> |                 |                     |               |
| 1             | Arabel Major    | Thousand Islands SS | 11:54.72      |
| 2             | Lara Dufour     | Thousand Islands SS | 13:39.61      |
| 3             | Sloane McFadden | Thousand Islands SS | 13:50.42      |
| 4             | Eve Brewin      | Thousand Islands SS | 14:30.29      |

**Event 12 Men 3000 Meter Run Novice**

|               | <b>Name</b>          | <b>School</b>                  | <b>Finals</b> |
|---------------|----------------------|--------------------------------|---------------|
| <b>Finals</b> |                      |                                |               |
| 1             | Zander Cassol-Snyman | North Grenville Dhs - Kemptvil | 10:28.59      |
| 2             | TJ McCargar          | North Grenville Dhs - Kemptvil | 12:48.37      |

**Event 13 Women 80 Meter Hurdles Novice**

|               | <b>Name</b>     | <b>School</b>              | <b>Finals</b> | <b>Wind</b> |
|---------------|-----------------|----------------------------|---------------|-------------|
| <b>Finals</b> |                 |                            |               |             |
| 1             | Trinity Donovan | St. Mary Chs - Brockville  | 14.12         | NWI         |
| 2             | Falak Khan      | Rideau District HS - Elgin | 17.04         | NWI         |
| 3             | Stella Daigle   | South Grenville Dhs        | 18.22         | NWI         |

**Event 14 Men 100 Meter Hurdles Novice**

|               | <b>Name</b>    | <b>School</b>             | <b>Finals</b> | <b>Wind</b> |
|---------------|----------------|---------------------------|---------------|-------------|
| <b>Finals</b> |                |                           |               |             |
| 1             | Ronan Cholette | St. Mary Chs - Brockville | 20.45         | NWI         |

**Event 15 Women 300 Meter Hurdles Novice**

|               | <b>Name</b>     | <b>School</b>                  | <b>Finals</b> |
|---------------|-----------------|--------------------------------|---------------|
| <b>Finals</b> |                 |                                |               |
| 1             | Ava Andress     | Thousand Islands SS            | 51.93         |
| 2             | Trinity Donovan | St. Mary Chs - Brockville      | 52.79         |
| 3             | Neve Crossman   | North Grenville Dhs - Kemptvil | 54.27         |
| 4             | Eve Brewin      | Thousand Islands SS            | 1:01.05       |

**Event 17 Women High Jump Novice**

|               | <b>Name</b>       | <b>School</b>              | <b>Finals</b> |
|---------------|-------------------|----------------------------|---------------|
| <b>Finals</b> |                   |                            |               |
| 1             | Bella Touchbourne | Rideau District HS - Elgin | 1.25m         |
| 2             | Marley Longtin    | Thousand Islands SS        | 1.20m         |

**Event 18 Men High Jump Novice**

|               | <b>Name</b>              | <b>School</b>             | <b>Finals</b> |
|---------------|--------------------------|---------------------------|---------------|
| <b>Finals</b> |                          |                           |               |
| 1             | Ronan Cholette           | St. Mary Chs - Brockville | 1.55m         |
| 2             | Preston zufelt-McCulloch | Gananoque SS - Gananoque  | 1.50m         |
| 3             | Noah Pengelly            | Gananoque SS - Gananoque  | 1.45m         |
| 4             | Ewan Zhao                | St. Mary Chs - Brockville | 1.45m         |
| 5             | Kolten Davis             | Thousand Islands SS       | 1.40m         |

**Event 20 Men Pole Vault Novice**

|               | <b>Name</b> | <b>School</b>       | <b>Finals</b> |
|---------------|-------------|---------------------|---------------|
| <b>Finals</b> |             |                     |               |
| 1             | Tom Giroux  | Thousand Islands SS | 2.40m         |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 20 Men Pole Vault Novice)**

| Name           | School              | Finals |
|----------------|---------------------|--------|
| 2 Joey Conklin | Thousand Islands SS | 2.25m  |

**Event 21 Women Long Jump Novice**

| Name                        | School                         | Finals | Wind |
|-----------------------------|--------------------------------|--------|------|
| <b>Finals</b>               |                                |        |      |
| 1 Isla Speck                | Ange-Gabriel                   | 4.43m  | NWI  |
| 2 Samantha Miles            | Athens District High School    | 4.30m  | NWI  |
| 3 Emily Eckland             | North Grenville Dhs - Kemptvil | 3.97m  | NWI  |
| 4 Sophia Perera             | St. Mary Chs - Brockville      | 3.89m  | NWI  |
| 5 Hazel Provost             | South Grenville Dhs            | 3.74m  | NWI  |
| 6 Elizabeth Dolan           | St. Mary Chs - Brockville      | 3.63m  | NWI  |
| 7 Falak Khan                | Rideau District HS - Elgin     | 3.59m  | NWI  |
| 8 Anneke Verburg            | Athens District High School    | 3.58m  | NWI  |
| 9 Sohela Sehkon             | Ange-Gabriel                   | 3.19m  | NWI  |
| 10 Ella Hyndman             | North Grenville Dhs - Kemptvil | 3.16m  | NWI  |
| 11 Hanna Silmser            | South Grenville Dhs            | 3.15m  | NWI  |
| 12 Cora Laverance           | North Grenville Dhs - Kemptvil | 3.00m  | NWI  |
| 13 Presley Fernwalt-Boychuk | South Grenville Dhs            | 2.89m  | NWI  |
| 14 Renee Codling            | Rideau District HS - Elgin     | 2.84m  | NWI  |
| --- Avery Raabe             | Ange-Gabriel                   | FOUL   |      |
| --- Emily Velthuis          | St. Michael - Kemptville       | FOUL   |      |
| --- Nalina Bhatt            | Brockville CI - Brockville     | FOUL   |      |
| --- Kate Perkins            | North Grenville Dhs - Kemptvil | FOUL   |      |
| --- Stella Daigle           | South Grenville Dhs            | FOUL   |      |

**Event 22 Men Long Jump Novice**

| Name               | School                         | Finals | Wind |
|--------------------|--------------------------------|--------|------|
| <b>Finals</b>      |                                |        |      |
| 1 Silas Carpenter  | St. Michael - Kemptville       | 4.74m  | NWI  |
| 2 Jordan Collins   | North Grenville Dhs - Kemptvil | 4.69m  | NWI  |
| 3 Nathan Marcotte  | Rideau District HS - Elgin     | 4.61m  | NWI  |
| 4 Logan Hull       | North Grenville Dhs - Kemptvil | 4.60m  | NWI  |
| 5 Noah Pengelly    | Gananoque SS - Gananoque       | 4.59m  | NWI  |
| 6 Joey Conklin     | Thousand Islands SS            | 4.51m  | NWI  |
| 7 Joshua Hortinula | St. Mary Chs - Brockville      | 3.76m  | NWI  |
| 8 Great Majemite   | Brockville CI - Brockville     | 3.46m  | NWI  |
| --- Aydin Hitchen  | Thousand Islands SS            | FOUL   |      |
| --- Ewan Zhao      | St. Mary Chs - Brockville      | FOUL   |      |
| --- Kene Ezeani    | St. Michael - Kemptville       | FOUL   |      |

**Event 23 Women Triple Jump Novice**

| Name                | School                         | Finals | Wind |
|---------------------|--------------------------------|--------|------|
| <b>Finals</b>       |                                |        |      |
| 1 Trinity Donovan   | St. Mary Chs - Brockville      | 9.65m  | NWI  |
| 2 Ava Andress       | Thousand Islands SS            | 9.61m  | NWI  |
| 3 Bella Touchbourne | Rideau District HS - Elgin     | 9.23m  | NWI  |
| 4 Isla Speck        | Ange-Gabriel                   | 8.90m  | NWI  |
| 5 Emily Eckland     | North Grenville Dhs - Kemptvil | 8.57m  | NWI  |
| 6 Elizabeth Dolan   | St. Mary Chs - Brockville      | 8.09m  | NWI  |
| 7 Hanna Silmser     | South Grenville Dhs            | 7.87m  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 23 Women Triple Jump Novice)**

|    | <b>Name</b>    | <b>School</b>                  | <b>Finals</b> | <b>Wind</b> |
|----|----------------|--------------------------------|---------------|-------------|
| 8  | Cora Laverance | North Grenville Dhs - Kemptvil | 7.07m         | NWI         |
| 9  | Falak Khan     | Rideau District HS - Elgin     | 6.98m         | NWI         |
| 10 | Sohela Sehkon  | Ange-Gabriel                   | 6.97m         | NWI         |
| 11 | Renee Codling  | Rideau District HS - Elgin     | 6.88m         | NWI         |
| 12 | Ella Hyndman   | North Grenville Dhs - Kemptvil | 6.61m         | NWI         |

**Event 24 Men Triple Jump Novice**

|               | <b>Name</b>              | <b>School</b>                  | <b>Finals</b> | <b>Wind</b> |
|---------------|--------------------------|--------------------------------|---------------|-------------|
| <b>Finals</b> |                          |                                |               |             |
| 1             | Preston zufelt-McCulloch | Gananoque SS - Gananoque       | 10.98m        | NWI         |
| 2             | Rowan Hull               | North Grenville Dhs - Kemptvil | 10.59m        | NWI         |
| 3             | Ewan Zhao                | St. Mary Chs - Brockville      | 9.66m         | NWI         |
| 4             | Leland Hartin            | Rideau District HS - Elgin     | 9.09m         | NWI         |

**Event 25 Women Shot Put Novice**

|               | <b>Name</b>         | <b>School</b>                  | <b>Finals</b> |
|---------------|---------------------|--------------------------------|---------------|
| <b>Finals</b> |                     |                                |               |
| 1             | Arayla Rylands      | St. Mary Chs - Brockville      | 8.16m         |
| 2             | Jayden Vander Velde | South Grenville Dhs            | 7.52m         |
| 3             | Casey Raison        | Thousand Islands SS            | 7.47m         |
| 4             | Gracie Mallette     | St. Mary Chs - Brockville      | 7.45m         |
| 5             | Ryleigh Goguen      | Thousand Islands SS            | 7.22m         |
| 6             | Lilian Mayer        | South Grenville Dhs            | 6.99m         |
| 7             | Addison Kleiss      | North Grenville Dhs - Kemptvil | 5.81m         |

**Event 26 Men Shot Put Novice**

|               | <b>Name</b>    | <b>School</b>              | <b>Finals</b> |
|---------------|----------------|----------------------------|---------------|
| <b>Finals</b> |                |                            |               |
| 1             | Zack Scale     | Thousand Islands SS        | 11.16m        |
| 2             | Lucas Rockey   | Thousand Islands SS        | 10.47m        |
| 3             | Riley Bolden   | Gananoque SS - Gananoque   | 10.45m        |
| 4             | Josh Hall      | St. Michael - Kemptville   | 10.32m        |
| 5             | Teddy Pepper   | Rideau District HS - Elgin | 10.05m        |
| 6             | Jayden Coligan | St. Mary Chs - Brockville  | 9.89m         |
| 7             | Ryan McGovern  | St. Michael - Kemptville   | 8.26m         |

**Event 27 Women Discus Throw Novice**

|               | <b>Name</b>    | <b>School</b>              | <b>Finals</b> |
|---------------|----------------|----------------------------|---------------|
| <b>Finals</b> |                |                            |               |
| 1             | Arayla Rylands | St. Mary Chs - Brockville  | 18.80m        |
| 2             | Aubrey Carty   | Rideau District HS - Elgin | 18.79m        |
| 3             | Casey Raison   | Thousand Islands SS        | 16.45m        |
| 4             | Farrah Kendall | Rideau District HS - Elgin | 15.38m        |
| 5             | Ryleigh Goguen | Thousand Islands SS        | 13.36m        |

**Event 28 Men Discus Throw Novice**

|               | <b>Name</b>    | <b>School</b>             | <b>Finals</b> |
|---------------|----------------|---------------------------|---------------|
| <b>Finals</b> |                |                           |               |
| 1             | Jayden Coligan | St. Mary Chs - Brockville | 35.40m        |
| 2             | Cain Solomon   | Gananoque SS - Gananoque  | 29.14m        |
| 3             | Ronan Cholette | St. Mary Chs - Brockville | 26.49m        |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 28 Men Discus Throw Novice)**

|     | <b>Name</b>     | <b>School</b>             | <b>Finals</b> |
|-----|-----------------|---------------------------|---------------|
| 4   | Riley Bolden    | Gananoque SS - Gananoque  | 25.66m        |
| 5   | Zack Scale      | Thousand Islands SS       | 25.63m        |
| 6   | Aaron Cambers   | Thousand Islands SS       | 23.21m        |
| 7   | Ryan McGovern   | St. Michael - Kemptville  | 23.13m        |
| 8   | Jackson Rodgers | St. Michael - Kemptville  | 21.19m        |
| --- | Bryson Longtin  | St. Mary Chs - Brockville | FOUL          |

**Event 29 Women Javelin Throw Novice**

|               | <b>Name</b>         | <b>School</b>               | <b>Finals</b> |
|---------------|---------------------|-----------------------------|---------------|
| <b>Finals</b> |                     |                             |               |
| 1             | Farrah Kendall      | Rideau District HS - Elgin  | 28.97m        |
| 2             | Brynn Brunke        | Thousand Islands SS         | 25.21m        |
| 3             | Gracie Mallette     | St. Mary Chs - Brockville   | 23.00m        |
| 4             | Casey Raison        | Thousand Islands SS         | 20.14m        |
| 5             | Lilian Mayer        | South Grenville Dhs         | 18.09m        |
| 6             | Ryleigh Goguen      | Thousand Islands SS         | 17.78m        |
| 7             | Jayden Vander Velde | South Grenville Dhs         | 17.09m        |
| 8             | Aubrey Carty        | Rideau District HS - Elgin  | 15.69m        |
| 9             | Anneke Verburg      | Athens District High School | 12.10m        |
| ---           | Samantha Miles      | Athens District High School | FOUL          |
| ---           | Bella Touchbourne   | Rideau District HS - Elgin  | FOUL          |

**Event 30 Men Javelin Throw Novice**

|               | <b>Name</b>              | <b>School</b>              | <b>Finals</b> |
|---------------|--------------------------|----------------------------|---------------|
| <b>Finals</b> |                          |                            |               |
| 1             | Andrew Crotty            | Thousand Islands SS        | 38.84m        |
| 2             | Preston zufelt-McCulloch | Gananoque SS - Gananoque   | 35.66m        |
| 3             | Nathan Marcotte          | Rideau District HS - Elgin | 34.62m        |
| 4             | Cain Solomon             | Gananoque SS - Gananoque   | 32.25m        |
| 5             | Jayden Coligan           | St. Mary Chs - Brockville  | 29.80m        |
| 6             | Jackson Rodgers          | St. Michael - Kemptville   | 29.24m        |
| 7             | Leland Hartin            | Rideau District HS - Elgin | 28.83m        |
| 8             | Riley Bolden             | Gananoque SS - Gananoque   | 28.48m        |
| 9             | Carter Cheesman          | St. Michael - Kemptville   | 25.13m        |
| 10            | Logan Leclerc-Lalonde    | South Grenville Dhs        | 24.42m        |
| 11            | Daniel Bos               | St. Mary Chs - Brockville  | 24.18m        |
| 12            | Thomas Jacques           | South Grenville Dhs        | 24.08m        |
| 13            | Aaron Cambers            | Thousand Islands SS        | 18.57m        |
| 14            | Teddy Pepper             | Rideau District HS - Elgin | 18.17m        |
| 15            | Joshua Hortinula         | St. Mary Chs - Brockville  | 17.97m        |

**Event 31 Women 4x100 Meter Relay Novice**

|               | <b>Team</b>                | <b>Relay</b> | <b>Finals</b> |
|---------------|----------------------------|--------------|---------------|
| <b>Finals</b> |                            |              |               |
| 1             | Thousand Islands SS        |              | 56.98         |
| 2             | Rideau District HS - Elgin |              | 1:00.04       |

**Event 32 Men 4x100 Meter Relay Novice**

|               | <b>Team</b>         | <b>Relay</b> | <b>Finals</b> |
|---------------|---------------------|--------------|---------------|
| <b>Finals</b> |                     |              |               |
| 1             | Thousand Islands SS |              | 48.66         |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 32 Men 4x100 Meter Relay Novice)**

| Team                            | Relay | Finals |
|---------------------------------|-------|--------|
| 2 St. Mary Chs - Brockville     |       | 50.85  |
| 3 North Grenville Dhs - Kemptvi |       | 57.28  |

**Event 33 Women 100 Meter Dash Junior**

| Name                 | School                         | Prelims | Wind | H# |
|----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                                |         |      |    |
| 1 Sophie Walpot      | Gananoque SS - Gananoque       | 13.38 q | NWI  | 2  |
| 2 Emma Nandoo        | St. Mary Chs - Brockville      | 13.38 q | NWI  | 3  |
| 3 Shivahn McCullough | North Grenville Dhs - Kemptvil | 13.92 q | NWI  | 1  |
| 4 Sydney Cameron     | Rideau District HS - Elgin     | 14.06 q | NWI  | 3  |
| 5 Isla Heidecker     | Thousand Islands SS            | 14.09 q | NWI  | 2  |
| 6 Lily Payne         | Thousand Islands SS            | 14.22 q | NWI  | 1  |
| 7 Peyton Servage     | St. Mary Chs - Brockville      | 14.30 q | NWI  | 3  |
| 8 Lily McNeely       | North Grenville Dhs - Kemptvil | 14.71 q | NWI  | 2  |
| 9 Annalie Turner     | Thousand Islands SS            | 14.94   | NWI  | 2  |
| 10 Mariah Benson     | Rideau District HS - Elgin     | 14.99   | NWI  | 2  |
| 11 Sophie Henry      | Ange-Gabriel                   | 15.08   | NWI  | 3  |
| 12 Isobel Luscombe   | Rideau District HS - Elgin     | 15.26   | NWI  | 1  |
| 13 Gracie Robinson   | North Grenville Dhs - Kemptvil | 15.35   | NWI  | 2  |
| 14 Arlen Catano      | Brockville CI - Brockville     | 15.68   | NWI  | 1  |
| 15 Annamarie Welsh   | Athens District High School    | 15.68   | NWI  | 3  |
| 16 Kennedy Wiwchar   | Ange-Gabriel                   | 16.43   | NWI  | 1  |
| 17 Zoey Baker        | South Grenville Dhs            | 17.24   | NWI  | 1  |
| 18 Charlotte Dixon   | Fulford Academy                | 17.75   | NWI  | 2  |
| 19 Kira Doyle        | South Grenville Dhs            | 18.60   | NWI  | 2  |

**Event 33 Women 100 Meter Dash Junior**

| Name                 | School                         | Finals | Wind |
|----------------------|--------------------------------|--------|------|
| <b>Finals</b>        |                                |        |      |
| 1 Emma Nandoo        | St. Mary Chs - Brockville      | 13.00  | NWI  |
| 2 Sophie Walpot      | Gananoque SS - Gananoque       | 13.21  | NWI  |
| 3 Shivahn McCullough | North Grenville Dhs - Kemptvil | 13.61  | NWI  |
| 4 Isla Heidecker     | Thousand Islands SS            | 13.63  | NWI  |
| 5 Sydney Cameron     | Rideau District HS - Elgin     | 13.81  | NWI  |
| 6 Lily Payne         | Thousand Islands SS            | 14.04  | NWI  |
| 7 Peyton Servage     | St. Mary Chs - Brockville      | 14.23  | NWI  |
| 8 Lily McNeely       | North Grenville Dhs - Kemptvil | 14.74  | NWI  |

**Event 34 Men 100 Meter Dash Junior**

| Name                  | School                         | Prelims | Wind | H# |
|-----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b>  |                                |         |      |    |
| 1 Mak Storr           | Brockville CI - Brockville     | 11.57 q | NWI  | 4  |
| 2 Carter Forman       | St. Michael - Kemptville       | 11.88 q | NWI  | 2  |
| 3 Evan Brown          | Thousand Islands SS            | 11.91 q | NWI  | 3  |
| 4 Logan Morrice       | St. Michael - Kemptville       | 12.00 q | NWI  | 4  |
| 5 Cannon Frizzel      | Thousand Islands SS            | 12.04 q | NWI  | 1  |
| 6 Hinton Thomson      | North Grenville Dhs - Kemptvil | 12.12 q | NWI  | 2  |
| 7 Sebastian Chalifour | St. Michael - Kemptville       | 12.16 q | NWI  | 2  |
| 8 Jacob Tremblay      | Ange-Gabriel                   | 12.26 q | NWI  | 1  |
| 9 Riley Dwyre         | Rideau District HS - Elgin     | 12.44   | NWI  | 3  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Preliminaries ... (Event 34 Men 100 Meter Dash Junior)**

|    | Name               | School                         | Prelims | Wind | H# |
|----|--------------------|--------------------------------|---------|------|----|
| 10 | Niko Cindric-Myers | Brockville CI - Brockville     | 12.46   | NWI  | 4  |
| 11 | Jeremy Legault     | North Grenville Dhs - Kemptvil | 12.62   | NWI  | 4  |
| 12 | Tadhg Rudolph      | North Grenville Dhs - Kemptvil | 12.64   | NWI  | 2  |
| 13 | Liam Gibson        | North Grenville Dhs - Kemptvil | 12.86   | NWI  | 3  |
| 14 | Tristan Barlow     | Brockville CI - Brockville     | 12.88   | NWI  | 3  |
| 15 | Owen Auger         | Rideau District HS - Elgin     | 12.99   | NWI  | 1  |
| 16 | Lawrence Last      | Rideau District HS - Elgin     | 13.17   | NWI  | 4  |
| 17 | Owen Slattery      | North Grenville Dhs - Kemptvil | 13.19   | NWI  | 1  |
| 18 | Joshua Musingilwa  | Thousand Islands SS            | 13.38   | NWI  | 2  |
| 19 | Henry Chase        | Brockville CI - Brockville     | 13.56   | NWI  | 1  |
| 20 | Jonathan Whalen    | South Grenville Dhs            | 13.88   | NWI  | 1  |
| 21 | Tyler Bradley      | South Grenville Dhs            | 14.25   | NWI  | 2  |
| 22 | Oliver Davidson    | South Grenville Dhs            | 14.92   | NWI  | 4  |

**Event 34 Men 100 Meter Dash Junior**

|               | Name                | School                         | Finals | Wind |
|---------------|---------------------|--------------------------------|--------|------|
| <b>Finals</b> |                     |                                |        |      |
| 1             | Mak Storr           | Brockville CI - Brockville     | 11.50  | NWI  |
| 2             | Evan Brown          | Thousand Islands SS            | 11.61  | NWI  |
| 3             | Logan Morrice       | St. Michael - Kemptville       | 11.77  | NWI  |
| 4             | Carter Forman       | St. Michael - Kemptville       | 11.78  | NWI  |
| 5             | Hinton Thomson      | North Grenville Dhs - Kemptvil | 12.00  | NWI  |
| 6             | Cannon Frizzel      | Thousand Islands SS            | 12.01  | NWI  |
| 7             | Sebastian Chalifour | St. Michael - Kemptville       | 12.10  | NWI  |
| 8             | Jacob Tremblay      | Ange-Gabriel                   | 12.21  | NWI  |

**Event 35 Women 200 Meter Dash Junior**

|                      | Name               | School                         | Prelims | Wind | H# |
|----------------------|--------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                    |                                |         |      |    |
| 1                    | Lauren Givogue     | Thousand Islands SS            | 27.84 q | NWI  | 1  |
| 2                    | Sophie Walpot      | Gananoque SS - Gananoque       | 28.14 q | NWI  | 1  |
| 3                    | Liana Sheppard     | North Grenville Dhs - Kemptvil | 28.37 q | NWI  | 2  |
| 4                    | Shivahn McCullough | North Grenville Dhs - Kemptvil | 28.57 q | NWI  | 1  |
| 5                    | Lily Payne         | Thousand Islands SS            | 28.79 q | NWI  | 2  |
| 6                    | Sydney Cameron     | Rideau District HS - Elgin     | 29.45 q | NWI  | 1  |
| 7                    | Lily McNeely       | North Grenville Dhs - Kemptvil | 31.83 q | NWI  | 2  |
| 8                    | Kennedy Wiwchar    | Ange-Gabriel                   | 34.47 q | NWI  | 2  |

**Event 35 Women 200 Meter Dash Junior**

|               | Name               | School                         | Finals | Wind |
|---------------|--------------------|--------------------------------|--------|------|
| <b>Finals</b> |                    |                                |        |      |
| 1             | Lauren Givogue     | Thousand Islands SS            | 27.40  | NWI  |
| 2             | Sophie Walpot      | Gananoque SS - Gananoque       | 28.20  | NWI  |
| 3             | Liana Sheppard     | North Grenville Dhs - Kemptvil | 28.54  | NWI  |
| 4             | Shivahn McCullough | North Grenville Dhs - Kemptvil | 28.60  | NWI  |
| 5             | Lily Payne         | Thousand Islands SS            | 29.25  | NWI  |
| 6             | Sydney Cameron     | Rideau District HS - Elgin     | 29.49  | NWI  |
| 7             | Lily McNeely       | North Grenville Dhs - Kemptvil | 31.67  | NWI  |
| 8             | Kennedy Wiwchar    | Ange-Gabriel                   | 34.79  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 36 Men 200 Meter Dash Junior**

| Name                   | School                         | Prelims | Wind | H# |
|------------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b>   |                                |         |      |    |
| 1 Evan Brown           | Thousand Islands SS            | 23.99 q | NWI  | 3  |
| 2 Hinton Thomson       | North Grenville Dhs - Kemptvil | 25.15 q | NWI  | 3  |
| 3 Joseph Mboma         | Ange-Gabriel                   | 25.23 q | NWI  | 1  |
| 4 Maddox Dickie        | North Grenville Dhs - Kemptvil | 25.36 q | NWI  | 1  |
| 5 Liam Gibson          | North Grenville Dhs - Kemptvil | 26.22 q | NWI  | 1  |
| 6 Jeremy Legault       | North Grenville Dhs - Kemptvil | 26.40 q | NWI  | 3  |
| 7 Lawrence Last        | Rideau District HS - Elgin     | 26.70 q | NWI  | 3  |
| --- Hayden Alexander   | Thousand Islands SS            | NT      | NWI  | 2  |
| --- Jacob Tremblay     | Ange-Gabriel                   | NT      | NWI  | 2  |
| --- Joshua Musingilwa  | Thousand Islands SS            | NT      | NWI  | 2  |
| --- Carter Cuglietta   | Thousand Islands SS            | NT      | NWI  | 2  |
| --- Tristan Barlow     | Brockville CI - Brockville     | NT      | NWI  | 2  |
| --- Daniel Johnson     | North Grenville Dhs - Kemptvil | NT      | NWI  | 2  |
| --- Niko Cindric-Myers | Brockville CI - Brockville     | NT      | NWI  | 2  |

**Event 36 Men 200 Meter Dash Junior**

| Name                 | School                         | Finals | Wind | H# |
|----------------------|--------------------------------|--------|------|----|
| <b>Finals</b>        |                                |        |      |    |
| 1 Evan Brown         | Thousand Islands SS            | 23.73  | NWI  | 1  |
| 2 Carter Cuglietta   | Thousand Islands SS            | 23.94  | NWI  | 1  |
| 3 Joseph Mboma       | Ange-Gabriel                   | 24.52  | NWI  | 1  |
| 4 Hinton Thomson     | North Grenville Dhs - Kemptvil | 24.99  | NWI  | 1  |
| 5 Maddox Dickie      | North Grenville Dhs - Kemptvil | 25.58  | NWI  | 1  |
| 6 Jeremy Legault     | North Grenville Dhs - Kemptvil | 26.06  | NWI  | 2  |
| 7 Hayden Alexander   | Thousand Islands SS            | 26.11  | NWI  | 2  |
| 8 Tristan Barlow     | Brockville CI - Brockville     | 26.17  | NWI  | 1  |
| 9 Niko Cindric-Myers | Brockville CI - Brockville     | 26.33  | NWI  | 2  |
| 10 Liam Gibson       | North Grenville Dhs - Kemptvil | 26.39  | NWI  | 2  |
| 11 Lawrence Last     | Rideau District HS - Elgin     | 26.93  | NWI  | 2  |

**Event 37 Women 400 Meter Dash Junior**

| Name             | School                         | Finals  |
|------------------|--------------------------------|---------|
| <b>Finals</b>    |                                |         |
| 1 Lauren Givogue | Thousand Islands SS            | 1:03.71 |
| 2 Liana Sheppard | North Grenville Dhs - Kemptvil | 1:05.52 |
| 3 Lilly Read     | Rideau District HS - Elgin     | 1:06.55 |
| 4 Eila McDonough | St. Michael - Kemptville       | 1:08.45 |
| 5 Abby Burwood   | Gananoque SS - Gananoque       | 1:09.32 |

**Event 38 Men 400 Meter Dash Junior**

| Name               | School                         | Finals  | H# |
|--------------------|--------------------------------|---------|----|
| <b>Finals</b>      |                                |         |    |
| 1 Evan Brown       | Thousand Islands SS            | 53.64   | 2  |
| 2 Carter Cuglietta | Thousand Islands SS            | 55.27   | 2  |
| 3 Joseph Mboma     | Ange-Gabriel                   | 55.48   | 2  |
| 4 Ethan Hood       | North Grenville Dhs - Kemptvil | 56.70   | 1  |
| 5 Ray Pflanz       | North Grenville Dhs - Kemptvil | 59.68   | 2  |
| 6 Evan Hyndman     | North Grenville Dhs - Kemptvil | 1:00.11 | 1  |
| 7 Brady Nichol     | St. Michael - Kemptville       | 1:00.12 | 1  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 38 Men 400 Meter Dash Junior)**

|    | <b>Name</b>     | <b>School</b>             | <b>Finals</b> | <b>H#</b> |
|----|-----------------|---------------------------|---------------|-----------|
| 8  | Declan Lemieux  | St. Michael - Kemptville  | 1:02.42       | 1         |
| 9  | Jacob Holtyzer  | St. Michael - Kemptville  | 1:04.04       | 1         |
| 10 | Liam Belej      | St. Mary Chs - Brockville | 1:05.49       | 2         |
| 11 | Peyton Johnston | St. Michael - Kemptville  | 1:08.20       | 1         |
| 12 | TJ Ashby        | St. Michael - Kemptville  | 1:10.97       | 1         |

**Event 39 Women 800 Meter Run Junior**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> |
|---------------|------------------|--------------------------------|---------------|
| <b>Finals</b> |                  |                                |               |
| 1             | Eden Pauls       | Thousand Islands SS            | 2:35.09       |
| 2             | Eila McDonough   | St. Michael - Kemptville       | 2:45.51       |
| 3             | Codah Turcotte   | Athens District High School    | 2:45.57       |
| 4             | Farrah Hedderson | Gananoque SS - Gananoque       | 2:49.71       |
| 5             | Blake Ralph      | North Grenville Dhs - Kemptvil | 3:03.11       |
| 6             | Jemma Mangan     | Gananoque SS - Gananoque       | 3:14.17       |

**Event 40 Men 800 Meter Run Junior**

|               | <b>Name</b>   | <b>School</b>                  | <b>Finals</b> |
|---------------|---------------|--------------------------------|---------------|
| <b>Finals</b> |               |                                |               |
| 1             | Lucas Bennett | Thousand Islands SS            | 2:03.38       |
| 2             | Nathaniel Coe | Thousand Islands SS            | 2:16.47       |
| 3             | Ray Pflanz    | North Grenville Dhs - Kemptvil | 2:17.48       |
| 4             | Evan Hyndman  | North Grenville Dhs - Kemptvil | 2:19.16       |
| 5             | Cohen Kean    | North Grenville Dhs - Kemptvil | 2:19.42       |
| 6             | Tommy Grus    | North Grenville Dhs - Kemptvil | 2:25.13       |
| 7             | Rhyley Tye    | Rideau District HS - Elgin     | 2:28.85       |
| 8             | Ryan Rigutto  | Thousand Islands SS            | 2:34.30       |

**Event 41 Women 1500 Meter Run Junior**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> |
|---------------|------------------|--------------------------------|---------------|
| <b>Finals</b> |                  |                                |               |
| 1             | Avalea Simpson   | Thousand Islands SS            | 5:11.15       |
| 2             | Eden Pauls       | Thousand Islands SS            | 5:26.69       |
| 3             | Natalie Labelle  | Ange-Gabriel                   | 5:35.84       |
| 4             | Farrah Hedderson | Gananoque SS - Gananoque       | 5:39.03       |
| 5             | Codah Turcotte   | Athens District High School    | 5:42.43       |
| 6             | Blake Ralph      | North Grenville Dhs - Kemptvil | 6:15.55       |
| 7             | Bryn Treloar     | St. Michael - Kemptville       | 6:38.75       |

**Event 42 Men 1500 Meter Run Junior**

|               | <b>Name</b>   | <b>School</b>              | <b>Finals</b> |
|---------------|---------------|----------------------------|---------------|
| <b>Finals</b> |               |                            |               |
| 1             | Lucas Bennett | Thousand Islands SS        | 4:31.16       |
| 2             | Nathaniel Coe | Thousand Islands SS        | 4:50.45       |
| 3             | Parker Goguen | Thousand Islands SS        | 4:51.44       |
| 4             | Chase Richens | St. Michael - Kemptville   | 4:57.41       |
| 5             | Rhyley Tye    | Rideau District HS - Elgin | 5:05.81       |
| 6             | Ryan Rigutto  | Thousand Islands SS        | 5:42.03       |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 43 Women 3000 Meter Run Junior**

|               | <b>Name</b>      | <b>School</b>            | <b>Finals</b> |
|---------------|------------------|--------------------------|---------------|
| <b>Finals</b> |                  |                          |               |
| 1             | Avalea Simpson   | Thousand Islands SS      | 11:54.88      |
| 2             | Natalie Labelle  | Ange-Gabriel             | 12:20.90      |
| 3             | Farrah Hedderson | Gananoque SS - Gananoque | 12:42.41      |

**Event 44 Men 3000 Meter Run Junior**

|               | <b>Name</b>   | <b>School</b>                  | <b>Finals</b> |
|---------------|---------------|--------------------------------|---------------|
| <b>Finals</b> |               |                                |               |
| 1             | Parker Goguen | Thousand Islands SS            | 10:34.91      |
| 2             | Cohen Kean    | North Grenville Dhs - Kemptvil | 11:57.49      |

**Event 45 Women 80 Meter Hurdles Junior**

|               | <b>Name</b>     | <b>School</b>                  | <b>Finals</b> | <b>Wind</b> |
|---------------|-----------------|--------------------------------|---------------|-------------|
| <b>Finals</b> |                 |                                |               |             |
| 1             | Bella Macdonald | Thousand Islands SS            | 13.38         | NWI         |
| 2             | Lilly Read      | Rideau District HS - Elgin     | 15.50         | NWI         |
| 3             | Gracie Robinson | North Grenville Dhs - Kemptvil | 17.32         | NWI         |
| 4             | Kendra Carty    | Rideau District HS - Elgin     | 18.49         | NWI         |
| 5             | Leah Biemond    | St. Michael - Kemptville       | 31.27         | NWI         |

**Event 46 Men 100 Meter Hurdles Junior**

|               | <b>Name</b>   | <b>School</b>                  | <b>Finals</b> | <b>Wind</b> |
|---------------|---------------|--------------------------------|---------------|-------------|
| <b>Finals</b> |               |                                |               |             |
| 1             | Riley Dwyre   | Rideau District HS - Elgin     | 16.25         | NWI         |
| 2             | Maddox Dickie | North Grenville Dhs - Kemptvil | 17.92         | NWI         |
| 3             | Owen Slattery | North Grenville Dhs - Kemptvil | 20.44         | NWI         |

**Event 47 Women 300 Meter Hurdles Junior**

|               | <b>Name</b>    | <b>School</b>                  | <b>Finals</b> |
|---------------|----------------|--------------------------------|---------------|
| <b>Finals</b> |                |                                |               |
| 1             | Liana Sheppard | North Grenville Dhs - Kemptvil | 51.04         |
| 2             | Sophie Walpot  | Gananoque SS - Gananoque       | 51.21         |
| 3             | Raea Burrill   | North Grenville Dhs - Kemptvil | 1:04.09       |

**Event 48 Men 300 Meter Hurdles Junior**

|               | <b>Name</b>   | <b>School</b>                  | <b>Finals</b> |
|---------------|---------------|--------------------------------|---------------|
| <b>Finals</b> |               |                                |               |
| 1             | Ethan Hood    | North Grenville Dhs - Kemptvil | 42.84         |
| 2             | Riley Dwyre   | Rideau District HS - Elgin     | 44.74         |
| 3             | Maddox Dickie | North Grenville Dhs - Kemptvil | 46.29         |

**Event 49 Women High Jump Junior**

|               | <b>Name</b>     | <b>School</b>             | <b>Finals</b> |
|---------------|-----------------|---------------------------|---------------|
| <b>Finals</b> |                 |                           |               |
| 1             | Grey Pankow     | Thousand Islands SS       | J1.40m        |
| 2             | Madison Johnson | St. Mary Chs - Brockville | J1.35m        |
| 3             | Brianna Morrell | Gananoque SS - Gananoque  | J1.35m        |
| 4             | Victoria Luk    | Gananoque SS - Gananoque  | J1.25m        |
| ---           | Annalie Turner  | Thousand Islands SS       | NH            |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 50 Men High Jump Junior**

| Name            | School                     | Finals |
|-----------------|----------------------------|--------|
| <b>Finals</b>   |                            |        |
| 1 Carson Field  | Gananoque SS - Gananoque   | 1.70m  |
| 2 Lucas Glen    | Rideau District HS - Elgin | J1.60m |
| 3 Declan Rocque | Brockville CI - Brockville | J1.60m |
| 4 Orion Puskas  | St. Mary Chs - Brockville  | 1.40m  |

**Event 51 Women Pole Vault Junior**

| Name           | School                     | Finals |
|----------------|----------------------------|--------|
| <b>Finals</b>  |                            |        |
| 1 Ruby Reid    | Brockville CI - Brockville | J2.20m |
| 2 Sloane Tyler | Brockville CI - Brockville | J2.20m |

**Event 52 Men Pole Vault Junior**

| Name            | School              | Finals |
|-----------------|---------------------|--------|
| <b>Finals</b>   |                     |        |
| 1 Chase Delaney | Thousand Islands SS | 2.90m  |
| 2 Bo McAnerin   | Thousand Islands SS | 2.55m  |
| 3 Luke Phillips | Thousand Islands SS | 2.10m  |
| 4 Rylan Paul    | Thousand Islands SS | 1.95m  |

**Event 53 Women Long Jump Junior**

| Name                 | School                         | Finals | Wind |
|----------------------|--------------------------------|--------|------|
| <b>Finals</b>        |                                |        |      |
| 1 Shivahn McCullough | North Grenville Dhs - Kemptvil | 5.03m  | NWI  |
| 2 Gabby Lowe         | Thousand Islands SS            | 4.70m  | NWI  |
| 3 Madison Johnson    | St. Mary Chs - Brockville      | 4.41m  | NWI  |
| 4 Peyton Servage     | St. Mary Chs - Brockville      | 4.38m  | NWI  |
| 5 Avery Johnston     | St. Mary Chs - Brockville      | 4.37m  | NWI  |
| 6 Ruby Reid          | Brockville CI - Brockville     | 4.35m  | NWI  |
| 7 Mariah Benson      | Rideau District HS - Elgin     | 3.98m  | NWI  |
| 8 Annamarie Welsh    | Athens District High School    | 3.88m  | NWI  |
| 9 Isabelle Castle    | Brockville CI - Brockville     | 3.85m  | NWI  |
| 10 Maggie Farndon    | Gananoque SS - Gananoque       | 3.79m  | NWI  |
| 11 Madeline McFaul   | Gananoque SS - Gananoque       | 3.72m  | NWI  |
| 12 Sophie Henry      | Ange-Gabriel                   | 3.59m  | NWI  |
| 13 Lily McNeely      | North Grenville Dhs - Kemptvil | 2.80m  | NWI  |
| 14 Makena Blad       | North Grenville Dhs - Kemptvil | 2.78m  | NWI  |
| 15 Kira Doyle        | South Grenville Dhs            | 2.63m  | NWI  |
| --- Mollie Marchand  | St. Mary Chs - Brockville      | FOUL   |      |

**Event 54 Men Long Jump Junior**

| Name               | School                     | Finals | Wind |
|--------------------|----------------------------|--------|------|
| <b>Finals</b>      |                            |        |      |
| 1 Leland Patterson | St. Mary Chs - Brockville  | 5.86m  | NWI  |
| 2 Liam West        | St. Michael - Kemptville   | 5.58m  | NWI  |
| 3 Declan Rocque    | Brockville CI - Brockville | 5.34m  | NWI  |
| 4 Kaleb Mackay     | Thousand Islands SS        | 5.29m  | NWI  |
| 5 Jacob Tremblay   | Ange-Gabriel               | 5.23m  | NWI  |
| 6 Lincoln Lennox   | St. Mary Chs - Brockville  | 5.12m  | NWI  |
| 7 Henry Chase      | Brockville CI - Brockville | 4.94m  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 54 Men Long Jump Junior)**

|     | Name               | School                         | Finals | Wind |
|-----|--------------------|--------------------------------|--------|------|
| 8   | Tadhg Rudolph      | North Grenville Dhs - Kemptvil | 4.57m  | NWI  |
| 8   | Jonah Klinck       | Athens District High School    | 4.57m  | NWI  |
| 10  | Jeremy Legault     | North Grenville Dhs - Kemptvil | 4.22m  | NWI  |
| 11  | Rylan Paul         | Thousand Islands SS            | 4.15m  | NWI  |
| 12  | Oscar Roberts      | North Grenville Dhs - Kemptvil | 3.97m  | NWI  |
| --- | Niko Cindric-Myers | Brockville CI - Brockville     | ND     | NWI  |

**Event 55 Women Triple Jump Junior**

|               | Name             | School                     | Finals | Wind |
|---------------|------------------|----------------------------|--------|------|
| <b>Finals</b> |                  |                            |        |      |
| 1             | Gabby Lowe       | Thousand Islands SS        | 9.41m  | NWI  |
| 2             | Victoria Luk     | Gananoque SS - Gananoque   | 8.82m  | NWI  |
| 3             | Abby Burwood     | Gananoque SS - Gananoque   | 8.24m  | NWI  |
| 4             | Carlota Casas    | Brockville CI - Brockville | 7.94m  | NWI  |
| 5             | Skylar Bickerton | Gananoque SS - Gananoque   | 7.36m  | NWI  |

**Event 56 Men Triple Jump Junior**

|               | Name             | School                         | Finals | Wind |
|---------------|------------------|--------------------------------|--------|------|
| <b>Finals</b> |                  |                                |        |      |
| 1             | Leland Patterson | St. Mary Chs - Brockville      | 11.56m | NWI  |
| 2             | Liam West        | St. Michael - Kemptville       | 10.67m | NWI  |
| 3             | Liam Belej       | St. Mary Chs - Brockville      | 10.40m | NWI  |
| 4             | Travis Houser    | Heritage Christian High School | 10.22m | NWI  |
| 5             | Tommy Grus       | North Grenville Dhs - Kemptvil | 9.65m  | NWI  |
| 6             | Rylan Paul       | Thousand Islands SS            | 8.96m  | NWI  |

**Event 57 Women Shot Put Junior**

|               | Name                | School                         | Finals |
|---------------|---------------------|--------------------------------|--------|
| <b>Finals</b> |                     |                                |        |
| 1             | Lily Payne          | Thousand Islands SS            | 10.00m |
| 2             | Chaselyn Roth       | Brockville CI - Brockville     | 9.74m  |
| 3             | Harlie Brewer       | South Grenville Dhs            | 9.56m  |
| 4             | Marie-Eve Guenette  | Ange-Gabriel                   | 8.94m  |
| 5             | Madison Brooks      | St. Mary Chs - Brockville      | 8.37m  |
| 6             | Hailey Forbes       | Gananoque SS - Gananoque       | 8.32m  |
| 6             | Natalie Van Winkle  | Brockville CI - Brockville     | 8.32m  |
| 8             | Emily Raymond       | Gananoque SS - Gananoque       | 8.10m  |
| 9             | Isla Sly            | St. Michael - Kemptville       | 7.83m  |
| 10            | Kaydie Rombough     | Rideau District HS - Elgin     | 7.59m  |
| 11            | Nat Demchuk         | Gananoque SS - Gananoque       | 6.61m  |
| 12            | Skylar Bickerton    | Gananoque SS - Gananoque       | 6.44m  |
| 13            | Katherine Pattemore | Athens District High School    | 6.39m  |
| 14            | Melody Bresee       | St. Mary Chs - Brockville      | 6.23m  |
| 15            | Alison Jones        | North Grenville Dhs - Kemptvil | 5.69m  |
| 16            | Bronywn McCarthy    | St. Mary Chs - Brockville      | 5.15m  |

**Event 58 Men Shot Put Junior**

|               | Name                | School                   | Finals |
|---------------|---------------------|--------------------------|--------|
| <b>Finals</b> |                     |                          |        |
| 1             | James Kellar        | Gananoque SS - Gananoque | 13.21m |
| 2             | Sebastian Chalifour | St. Michael - Kemptville | 12.81m |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 58 Men Shot Put Junior)**

|    | <b>Name</b>    | <b>School</b>                  | <b>Finals</b> |
|----|----------------|--------------------------------|---------------|
| 3  | Lane Lemay     | St. Michael - Kemptville       | 12.53m        |
| 4  | Jonathon Beck  | Athens District High School    | 12.33m        |
| 5  | Jack Terkuc    | Rideau District HS - Elgin     | 12.09m        |
| 6  | Tyler Pond     | Athens District High School    | 11.93m        |
| 7  | Sonny Bergin   | Gananoque SS - Gananoque       | 11.57m        |
| 8  | Eamon Morrison | Athens District High School    | 11.00m        |
| 9  | Tadhg Rudolph  | North Grenville Dhs - Kemptvil | 10.18m        |
| 10 | Nathan Furtado | St. Mary Chs - Brockville      | 10.10m        |
| 11 | Owen O'Brien   | Ange-Gabriel                   | 9.83m         |
| 12 | Alex Wood      | Rideau District HS - Elgin     | 9.80m         |
| 13 | Daniel Fenn    | St. Mary Chs - Brockville      | 9.32m         |
| 14 | Orion Puskas   | St. Mary Chs - Brockville      | 9.26m         |
| 15 | Oscar Roberts  | North Grenville Dhs - Kemptvil | 8.94m         |

**Event 59 Women Discus Throw Junior**

|               | <b>Name</b>         | <b>School</b>               | <b>Finals</b> |
|---------------|---------------------|-----------------------------|---------------|
| <b>Finals</b> |                     |                             |               |
| 1             | Emily Raymond       | Gananoque SS - Gananoque    | 23.40m        |
| 2             | Emily Carrier       | Ange-Gabriel                | 21.21m        |
| 3             | Brianna Morrell     | Gananoque SS - Gananoque    | 18.24m        |
| 4             | Katherine Pattemore | Athens District High School | 17.54m        |
| 5             | Natalie Van Winkle  | Brockville CI - Brockville  | 17.01m        |
| 6             | Skylar Bickerton    | Gananoque SS - Gananoque    | 16.87m        |
| 7             | Hailey Forbes       | Gananoque SS - Gananoque    | 16.53m        |
| 8             | Isla Sly            | St. Michael - Kemptville    | 15.35m        |
| 9             | Kendra Carty        | Rideau District HS - Elgin  | 14.88m        |
| 10            | Kaydie Rombough     | Rideau District HS - Elgin  | 13.83m        |
| 11            | Isobel Luscombe     | Rideau District HS - Elgin  | 13.55m        |

**Event 60 Men Discus Throw Junior**

|               | <b>Name</b>    | <b>School</b>                  | <b>Finals</b> |
|---------------|----------------|--------------------------------|---------------|
| <b>Finals</b> |                |                                |               |
| 1             | Kaden Gigacz   | St. Michael - Kemptville       | 40.91m        |
| 2             | Jonathon Beck  | Athens District High School    | 40.81m        |
| 3             | James Kellar   | Gananoque SS - Gananoque       | 40.39m        |
| 4             | Sonny Bergin   | Gananoque SS - Gananoque       | 37.43m        |
| 5             | Cohen Kean     | North Grenville Dhs - Kemptvil | 32.10m        |
| 6             | Eamon Morrison | Athens District High School    | 31.10m        |
| 7             | Nathan Furtado | St. Mary Chs - Brockville      | 27.90m        |
| 8             | Oscar Roberts  | North Grenville Dhs - Kemptvil | 27.43m        |
| 9             | Jonah Klinck   | Athens District High School    | 22.70m        |
| 10            | Daniel Fenn    | St. Mary Chs - Brockville      | 22.65m        |
| 11            | Carter Brown   | Rideau District HS - Elgin     | 18.71m        |
| ---           | Gauge Moore    | Gananoque SS - Gananoque       | FOUL          |
| ---           | Aidan Murphy   | North Grenville Dhs - Kemptvil | FOUL          |
| ---           | Tyler Pond     | Athens District High School    | FOUL          |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 61 Women Javelin Throw Junior**

|               | <b>Name</b>        | <b>School</b>                  | <b>Finals</b> |
|---------------|--------------------|--------------------------------|---------------|
| <b>Finals</b> |                    |                                |               |
| 1             | Grey Pankow        | Thousand Islands SS            | 25.70m        |
| 2             | Irelyn McCurdy     | St. Mary Chs - Brockville      | 24.41m        |
| 3             | Haven Smith-Heintz | South Grenville Dhs            | 24.37m        |
| 4             | Danica Murray      | Gananoque SS - Gananoque       | 24.17m        |
| 5             | Brianna Morrell    | Gananoque SS - Gananoque       | 23.89m        |
| 6             | Abigail Garrah     | Gananoque SS - Gananoque       | 22.64m        |
| 7             | Natalie Mitchell   | Thousand Islands SS            | 18.08m        |
| 8             | Masaka Hodeyama    | Thousand Islands SS            | 17.69m        |
| 9             | Mollie Marchand    | St. Mary Chs - Brockville      | 17.47m        |
| 10            | Natalie Van Winkle | Brockville CI - Brockville     | 17.24m        |
| 11            | Ava Findley        | St. Mary Chs - Brockville      | 16.69m        |
| 12            | Kayla Smith        | St. Mary Chs - Brockville      | 15.22m        |
| 13            | Madison Brooks     | St. Mary Chs - Brockville      | 15.16m        |
| 14            | Annamarie Welsh    | Athens District High School    | 14.99m        |
| 15            | Jordan Moore       | St. Mary Chs - Brockville      | 14.50m        |
| 16            | Brooke MacDonald   | Thousand Islands SS            | 14.27m        |
| 17            | Makena Blad        | North Grenville Dhs - Kemptvil | 13.68m        |
| 18            | Eva Hernandez      | Thousand Islands SS            | 13.38m        |
| 19            | Elizabeth Bos      | St. Mary Chs - Brockville      | 12.12m        |
| 20            | Maggie Michel      | Brockville CI - Brockville     | 11.71m        |
| 21            | Melody Bresee      | St. Mary Chs - Brockville      | 11.60m        |
| 22            | Rileigh Helliker   | St. Mary Chs - Brockville      | 11.59m        |
| 23            | Isabel Fernandez   | Thousand Islands SS            | 11.18m        |
| ---           | Jayda Boisclair    | Thousand Islands SS            | FOUL          |

**Event 62 Men Javelin Throw Junior**

|               | <b>Name</b>      | <b>School</b>               | <b>Finals</b> |
|---------------|------------------|-----------------------------|---------------|
| <b>Finals</b> |                  |                             |               |
| 1             | Hudson Kennedy   | St. Michael - Kemptville    | 52.29m        |
| 2             | Lucas Glen       | Rideau District HS - Elgin  | 49.25m        |
| 3             | Shepardson Drake | Thousand Islands SS         | 38.25m        |
| 4             | Alex Wood        | Rideau District HS - Elgin  | 37.72m        |
| 5             | Owen Auger       | Rideau District HS - Elgin  | 37.17m        |
| 6             | Gauge Moore      | Gananoque SS - Gananoque    | 35.44m        |
| 7             | Eamon Morrison   | Athens District High School | 34.65m        |
| 8             | Orion Puskas     | St. Mary Chs - Brockville   | 34.19m        |
| 9             | Carter Brown     | Rideau District HS - Elgin  | 33.29m        |
| 10            | Jonah Klinck     | Athens District High School | 32.73m        |
| 11            | Jack Terkuc      | Rideau District HS - Elgin  | 31.86m        |
| 12            | Kaleb Mackay     | Thousand Islands SS         | 29.95m        |
| 13            | Nathan Furtado   | St. Mary Chs - Brockville   | 29.62m        |
| 14            | TJ Ashby         | St. Michael - Kemptville    | 29.61m        |
| 15            | Jonathan Whalen  | South Grenville Dhs         | 28.86m        |
| 16            | Miguel Nunez     | Thousand Islands SS         | 25.93m        |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 63 Women 4x100 Meter Relay Junior**

| Team                            | Relay | Finals |
|---------------------------------|-------|--------|
| <b>Finals</b>                   |       |        |
| 1 Thousand Islands SS           |       | 53.37  |
| 2 St. Mary Chs - Brockville     |       | 53.70  |
| 3 Thousand Islands SS           | B     | 55.49  |
| 4 Rideau District HS - Elgin    |       | 56.91  |
| 5 North Grenville Dhs - Kemptvi |       | 59.73  |
| 6 St. Michael - Kemptville      |       | 59.76  |

**Event 64 Men 4x100 Meter Relay Junior**

| Team                            | Relay | Finals |
|---------------------------------|-------|--------|
| <b>Finals</b>                   |       |        |
| 1 Thousand Islands SS           |       | 45.75  |
| 2 St. Michael - Kemptville      |       | 46.93  |
| 3 North Grenville Dhs - Kemptvi |       | 47.46  |
| 4 Rideau District HS - Elgin    | B     | 48.94  |
| 5 Thousand Islands SS           | B     | 49.35  |
| 6 North Grenville Dhs - Kemptvi | B     | 51.22  |
| 7 Rideau District HS - Elgin    |       | 52.60  |

**Event 65 Women 100 Meter Dash Senior**

| Name                 | School                         | Prelims | Wind | H# |
|----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                                |         |      |    |
| 1 Gwen Kelly         | St. Michael - Kemptville       | 13.05 q | NWI  | 3  |
| 2 Olivia St Pierre   | Thousand Islands SS            | 13.07 q | NWI  | 1  |
| 3 Teagan Spear       | North Grenville Dhs - Kemptvil | 13.65 q | NWI  | 3  |
| 4 Jillian Montgomery | Gananoque SS - Gananoque       | 13.90 q | NWI  | 2  |
| 5 Alex Cosentino     | Thousand Islands SS            | 14.23 q | NWI  | 2  |
| 6 Sandra Lamaza      | Brockville CI - Brockville     | 14.34 q | NWI  | 3  |
| 7 Eriann Box         | North Grenville Dhs - Kemptvil | 14.34 q | NWI  | 2  |
| 8 Addison Dwyre      | Rideau District HS - Elgin     | 14.38 q | NWI  | 1  |
| 9 Laura Bandini      | Athens District High School    | 14.59   | NWI  | 2  |
| 10 Nikki Bartholomew | Rideau District HS - Elgin     | 14.61   | NWI  | 3  |
| 11 Cameron Finlayson | North Grenville Dhs - Kemptvil | 14.72   | NWI  | 3  |
| 12 Morgan Coleman    | Athens District High School    | 14.97   | NWI  | 2  |
| 13 Hana Inoue        | St. Mary Chs - Brockville      | 15.29   | NWI  | 1  |
| 14 Elise Needham     | St. Mary Chs - Brockville      | 15.90   | NWI  | 2  |
| 15 Mairin McConnell  | Gananoque SS - Gananoque       | 16.21   | NWI  | 1  |
| 16 Yuehan Zhao       | Fulford Academy                | 16.75   | NWI  | 1  |
| 17 Yuzumi Donjo      | Fulford Academy                | 16.82   | NWI  | 2  |
| 18 Kathleen Dolan    | St. Mary Chs - Brockville      | 17.05   | NWI  | 1  |
| 19 Gaby Longtin      | St. Michael - Kemptville       | 17.48   | NWI  | 3  |
| 20 Olivia Longtin    | St. Mary Chs - Brockville      | 18.01   | NWI  | 1  |

**Event 65 Women 100 Meter Dash Senior**

| Name                 | School                         | Finals | Wind |
|----------------------|--------------------------------|--------|------|
| <b>Finals</b>        |                                |        |      |
| 1 Olivia St Pierre   | Thousand Islands SS            | 12.68  | NWI  |
| 2 Gwen Kelly         | St. Michael - Kemptville       | 12.87  | NWI  |
| 3 Teagan Spear       | North Grenville Dhs - Kemptvil | 13.47  | NWI  |
| 4 Jillian Montgomery | Gananoque SS - Gananoque       | 13.84  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 65 Women 100 Meter Dash Senior)**

| Name             | School                         | Finals | Wind |
|------------------|--------------------------------|--------|------|
| 5 Sandra Lamaza  | Brockville CI - Brockville     | 14.01  | NWI  |
| 6 Eriann Box     | North Grenville Dhs - Kemptvil | 14.23  | NWI  |
| 7 Alex Cosentino | Thousand Islands SS            | 14.24  | NWI  |
| 8 Addison Dwyre  | Rideau District HS - Elgin     | 14.42  | NWI  |

**Event 66 Men 100 Meter Dash Senior**

| Name                           | School                         | Prelims | Wind | H# |
|--------------------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b>           |                                |         |      |    |
| 1 Jamie Meikle                 | St. Michael - Kemptville       | 11.13 q | NWI  | 2  |
| 2 Liam Saumure                 | Thousand Islands SS            | 11.19 q | NWI  | 2  |
| 3 Mackie Holmes                | Thousand Islands SS            | 11.35 q | NWI  | 3  |
| 4 Andon Gill                   | Thousand Islands SS            | 11.38 q | NWI  | 1  |
| 5 Dom Lemieux                  | St. Michael - Kemptville       | 11.44 q | NWI  | 4  |
| 6 Cameron McNulty              | North Grenville Dhs - Kemptvil | 11.56 q | NWI  | 3  |
| 7 Braxton Herbison             | Thousand Islands SS            | 11.66 q | NWI  | 4  |
| 8 Aidan Slattery               | North Grenville Dhs - Kemptvil | 11.72 q | NWI  | 3  |
| 9 Jack Priestman               | St. Michael - Kemptville       | 11.73   | NWI  | 2  |
| 10 Chase Leroy                 | Gananoque SS - Gananoque       | 11.88   | NWI  | 1  |
| 11 Cooper Hedderson            | Gananoque SS - Gananoque       | 11.90   | NWI  | 1  |
| 12 Nate Curson                 | Thousand Islands SS            | 11.95   | NWI  | 1  |
| 13 Haruto Mano                 | Thousand Islands SS            | 12.11   | NWI  | 3  |
| 14 Liam Ryan                   | St. Michael - Kemptville       | 12.43   | NWI  | 4  |
| 15 Ben Doris                   | South Grenville Dhs            | 12.48   | NWI  | 2  |
| 16 Owen Cook                   | South Grenville Dhs            | 12.52   | NWI  | 2  |
| 17 Oliver Moorhead             | Gananoque SS - Gananoque       | 12.76   | NWI  | 1  |
| 18 Owen Millar                 | South Grenville Dhs            | 12.79   | NWI  | 2  |
| 19 Cohen Smith                 | Gananoque SS - Gananoque       | 12.81   | NWI  | 3  |
| 20 Dylan Doherty               | South Grenville Dhs            | 13.15   | NWI  | 3  |
| 21 Sasha Reynolds              | Fulford Academy                | 13.43   | NWI  | 4  |
| 22 Jayden Edwards              | Rideau District HS - Elgin     | 13.50   | NWI  | 3  |
| 23 Jose (Rell) Fabrega Calvosa | Fulford Academy                | 13.57   | NWI  | 1  |
| 24 Matteen Ebadi               | Thousand Islands SS            | 13.73   | NWI  | 4  |
| 25 Ryoya Kataoka               | Fulford Academy                | 13.74   | NWI  | 4  |
| 26 Garret Jenkinson            | Athens District High School    | 14.03   | NWI  | 1  |
| 27 Brent Munroe                | North Grenville Dhs - Kemptvil | 14.73   | NWI  | 2  |

**Event 66 Men 100 Meter Dash Senior**

| Name               | School                         | Finals | Wind |
|--------------------|--------------------------------|--------|------|
| <b>Finals</b>      |                                |        |      |
| 1 Jamie Meikle     | St. Michael - Kemptville       | 10.98  | NWI  |
| 2 Liam Saumure     | Thousand Islands SS            | 11.03  | NWI  |
| 3 Andon Gill       | Thousand Islands SS            | 11.07  | NWI  |
| 4 Mackie Holmes    | Thousand Islands SS            | 11.24  | NWI  |
| 5 Dom Lemieux      | St. Michael - Kemptville       | 11.39  | NWI  |
| 6 Cameron McNulty  | North Grenville Dhs - Kemptvil | 11.53  | NWI  |
| 7 Aidan Slattery   | North Grenville Dhs - Kemptvil | 11.67  | NWI  |
| 8 Braxton Herbison | Thousand Islands SS            | 11.97  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 67 Women 200 Meter Dash Senior**

| Name                 | School                         | Prelims | Wind | H# |
|----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                                |         |      |    |
| 1 Olivia St Pierre   | Thousand Islands SS            | 27.32 q | NWI  | 2  |
| 2 Teagan Spear       | North Grenville Dhs - Kemptvil | 28.49 q | NWI  | 1  |
| 3 Emma St Pierre     | Thousand Islands SS            | 28.94 q | NWI  | 1  |
| 4 Addison Dwyre      | Rideau District HS - Elgin     | 30.33 q | NWI  | 1  |
| 5 Celia Giroux       | Thousand Islands SS            | 30.38 q | NWI  | 1  |
| 6 Eriann Box         | North Grenville Dhs - Kemptvil | 30.48 q | NWI  | 2  |
| 7 Kathleen Dolan     | St. Mary Chs - Brockville      | 37.48 q | NWI  | 1  |

**Event 67 Women 200 Meter Dash Senior**

| Name               | School                         | Finals | Wind |
|--------------------|--------------------------------|--------|------|
| <b>Finals</b>      |                                |        |      |
| 1 Emma St Pierre   | Thousand Islands SS            | 26.67  | NWI  |
| 2 Olivia St Pierre | Thousand Islands SS            | 26.68  | NWI  |
| 3 Teagan Spear     | North Grenville Dhs - Kemptvil | 28.78  | NWI  |
| 4 Celia Giroux     | Thousand Islands SS            | 29.15  | NWI  |
| 5 Addison Dwyre    | Rideau District HS - Elgin     | 30.33  | NWI  |
| 6 Eriann Box       | North Grenville Dhs - Kemptvil | 30.47  | NWI  |

**Event 68 Men 200 Meter Dash Senior**

| Name                 | School                         | Prelims | Wind | H# |
|----------------------|--------------------------------|---------|------|----|
| <b>Preliminaries</b> |                                |         |      |    |
| 1 Jamie Meikle       | St. Michael - Kemptville       | 23.40 q | NWI  | 2  |
| 2 Mackie Holmes      | Thousand Islands SS            | 23.54 q | NWI  | 2  |
| 3 Liam Saumure       | Thousand Islands SS            | 23.80 q | NWI  | 1  |
| 4 Jack Priestman     | St. Michael - Kemptville       | 23.98 q | NWI  | 2  |
| 5 Roman Hache        | Thousand Islands SS            | 24.07 q | NWI  | 3  |
| 6 Aidan Slattery     | North Grenville Dhs - Kemptvil | 24.12 q | NWI  | 1  |
| 7 Andon Gill         | Thousand Islands SS            | 24.32 q | NWI  | 3  |
| 8 Chase Leroy        | Gananoque SS - Gananoque       | 24.69 q | NWI  | 3  |
| 9 Haruto Mano        | Thousand Islands SS            | 25.21   | NWI  | 1  |
| 10 Braxton Herbison  | Thousand Islands SS            | 25.44   | NWI  | 2  |
| 11 Dax Fontaine      | Thousand Islands SS            | 25.46   | NWI  | 1  |
| 12 Elias Verburg     | Athens District High School    | 26.24   | NWI  | 3  |
| 13 Jack Davison      | Brockville CI - Brockville     | 28.72   | NWI  | 3  |
| 14 Jayden Edwards    | Rideau District HS - Elgin     | 28.79   | NWI  | 2  |
| 15 Garret Jenkinson  | Athens District High School    | 31.46   | NWI  | 1  |

**Event 68 Men 200 Meter Dash Senior**

| Name             | School                         | Finals | Wind |
|------------------|--------------------------------|--------|------|
| <b>Finals</b>    |                                |        |      |
| 1 Andon Gill     | Thousand Islands SS            | 22.48  | NWI  |
| 2 Jamie Meikle   | St. Michael - Kemptville       | 22.67  | NWI  |
| 3 Liam Saumure   | Thousand Islands SS            | 22.80  | NWI  |
| 4 Mackie Holmes  | Thousand Islands SS            | 22.95  | NWI  |
| 5 Roman Hache    | Thousand Islands SS            | 22.98  | NWI  |
| 6 Jack Priestman | St. Michael - Kemptville       | 23.55  | NWI  |
| 7 Aidan Slattery | North Grenville Dhs - Kemptvil | 23.82  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 69 Women 400 Meter Dash Senior**

|               | <b>Name</b>       | <b>School</b>                  | <b>Finals</b> |
|---------------|-------------------|--------------------------------|---------------|
| <b>Finals</b> |                   |                                |               |
| 1             | Emma St Pierre    | Thousand Islands SS            | 1:00.73       |
| 2             | Aimee Galbraith   | St. Michael - Kemptville       | 1:04.24       |
| 3             | Mariee Galbraith  | St. Michael - Kemptville       | 1:05.82       |
| 4             | Brynn Johnson     | North Grenville Dhs - Kemptvil | 1:06.24       |
| 5             | Abby Webster      | Gananoque SS - Gananoque       | 1:08.59       |
| 6             | Rachel Poyner     | St. Michael - Kemptville       | 1:09.94       |
| 7             | Cameron Finlayson | North Grenville Dhs - Kemptvil | 1:12.37       |

**Event 70 Men 400 Meter Dash Senior**

|               | <b>Name</b>       | <b>School</b>                  | <b>Finals</b> | <b>H#</b> |
|---------------|-------------------|--------------------------------|---------------|-----------|
| <b>Finals</b> |                   |                                |               |           |
| 1             | Dom Lemieux       | St. Michael - Kemptville       | 52.08         | 2         |
| 2             | Cameron McNulty   | North Grenville Dhs - Kemptvil | 52.46         | 2         |
| 3             | Cooper Hedderson  | Gananoque SS - Gananoque       | 54.30         | 2         |
| 4             | Jonah Hawes       | Thousand Islands SS            | 54.49         | 2         |
| 5             | Jake Watkins      | North Grenville Dhs - Kemptvil | 56.47         | 2         |
| 6             | Elias Verburg     | Athens District High School    | 58.04         | 1         |
| 7             | Daniel Montgomery | Rideau District HS - Elgin     | 1:00.58       | 1         |
| 8             | Rylan Miller      | St. Mary Chs - Brockville      | 1:02.79       | 2         |
| 9             | Alexander Dawber  | St. Michael - Kemptville       | 1:03.30       | 1         |
| 10            | Keean Beaulne     | South Grenville Dhs            | 1:03.80       | 2         |
| 11            | Aiden Comeau      | Gananoque SS - Gananoque       | 1:11.57       | 1         |
| 12            | Russell Dafoe     | North Grenville Dhs - Kemptvil | 1:39.86       | 1         |

**Event 71 Women 800 Meter Run Senior**

|               | <b>Name</b>      | <b>School</b>              | <b>Finals</b> |
|---------------|------------------|----------------------------|---------------|
| <b>Finals</b> |                  |                            |               |
| 1             | Mariee Galbraith | St. Michael - Kemptville   | 2:40.97       |
| 2             | Summer Covey     | Thousand Islands SS        | 2:45.43       |
| 3             | Rachel Poyner    | St. Michael - Kemptville   | 2:46.23       |
| 4             | Vivian Codling   | Rideau District HS - Elgin | 2:49.95       |
| 5             | Momoka Kumano    | Fulford Academy            | 2:50.93       |

**Event 72 Men 800 Meter Run Senior**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> |
|---------------|------------------|--------------------------------|---------------|
| <b>Finals</b> |                  |                                |               |
| 1             | Jonah Hawes      | Thousand Islands SS            | 2:00.06       |
| 2             | Lukas Leroux     | North Grenville Dhs - Kemptvil | 2:16.10       |
| 3             | Rayane Link      | Thousand Islands SS            | 2:16.12       |
| 4             | Leo Aliaga       | St. Michael - Kemptville       | 2:16.44       |
| 5             | Peter Ford       | Thousand Islands SS            | 2:17.18       |
| 6             | Alexander Dawber | St. Michael - Kemptville       | 2:40.34       |
| 7             | Aiden Comeau     | Gananoque SS - Gananoque       | 2:52.29       |
| 8             | Tim Freitag      | Fulford Academy                | 2:53.21       |
| 9             | Brent Munroe     | North Grenville Dhs - Kemptvil | 2:53.47       |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 73 Women 1500 Meter Run Senior**

|               | Name            | School                    | Finals  |
|---------------|-----------------|---------------------------|---------|
| <b>Finals</b> |                 |                           |         |
| 1             | Brynn Bowman    | Gananoque SS - Gananoque  | 5:20.71 |
| 2             | Abigail Jackson | St. Mary Chs - Brockville | 5:34.15 |
| 3             | Summer Covey    | Thousand Islands SS       | 5:43.74 |

**Event 74 Men 1500 Meter Run Senior**

|               | Name              | School                         | Finals  |
|---------------|-------------------|--------------------------------|---------|
| <b>Finals</b> |                   |                                |         |
| 1             | Jackson Witham    | St. Mary Chs - Brockville      | 4:07.66 |
| 2             | Rayane Link       | Thousand Islands SS            | 4:07.68 |
| 3             | Lukas Leroux      | North Grenville Dhs - Kemptvil | 4:08.38 |
| 4             | Peter Ford        | Thousand Islands SS            | 4:43.57 |
| 5             | Grant Mugaas      | North Grenville Dhs - Kemptvil | 4:44.45 |
| 6             | Leo Aliaga        | St. Michael - Kemptville       | 4:46.05 |
| 7             | Cohen Merkley     | Thousand Islands SS            | 4:52.78 |
| 8             | Daniel Montgomery | Rideau District HS - Elgin     | 5:15.97 |
| 9             | Aiden Comeau      | Gananoque SS - Gananoque       | 5:55.18 |
| 10            | Tim Freitag       | Fulford Academy                | 5:56.79 |

**Event 75 Women 3000 Meter Run Senior**

|               | Name            | School                         | Finals   |
|---------------|-----------------|--------------------------------|----------|
| <b>Finals</b> |                 |                                |          |
| 1             | Amy Collins     | North Grenville Dhs - Kemptvil | 10:59.97 |
| 2             | Brynn Bowman    | Gananoque SS - Gananoque       | 11:29.98 |
| 3             | Abigail Jackson | St. Mary Chs - Brockville      | 12:15.86 |

**Event 76 Men 3000 Meter Run Senior**

|               | Name             | School                         | Finals   |
|---------------|------------------|--------------------------------|----------|
| <b>Finals</b> |                  |                                |          |
| 1             | Jackson Witham   | St. Mary Chs - Brockville      | 9:02.06  |
| 2             | Hunter Stevenson | North Grenville Dhs - Kemptvil | 10:51.71 |
| 3             | Grant Mugaas     | North Grenville Dhs - Kemptvil | 11:32.01 |

**Event 77 Women 100 Meter Hurdles Senior**

|               | Name            | School                         | Finals | Wind |
|---------------|-----------------|--------------------------------|--------|------|
| <b>Finals</b> |                 |                                |        |      |
| 1             | Tiawna Anderson | Thousand Islands SS            | 16.58  | NWI  |
| 2             | Willow Burnette | North Grenville Dhs - Kemptvil | 17.03  | NWI  |
| 3             | Sarina Dhanoa   | Thousand Islands SS            | 17.35  | NWI  |
| 4             | Sophie Woerner  | Thousand Islands SS            | 18.30  | NWI  |
| 5             | Celia Giroux    | Thousand Islands SS            | 19.09  | NWI  |
| 6             | Payton Cory     | St. Michael - Kemptville       | 19.59  | NWI  |
| 7             | Elise Needham   | St. Mary Chs - Brockville      | 21.91  | NWI  |

**Event 78 Men 110 Meter Hurdles Senior**

|               | Name          | School                   | Finals | Wind |
|---------------|---------------|--------------------------|--------|------|
| <b>Finals</b> |               |                          |        |      |
| 1             | Jory Leakey   | Thousand Islands SS      | 15.49  | NWI  |
| 2             | Cameron Kelly | St. Michael - Kemptville | 17.96  | NWI  |
| 3             | Dax Fontaine  | Thousand Islands SS      | 18.73  | NWI  |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 78 Men 110 Meter Hurdles Senior)**

|   | <b>Name</b>  | <b>School</b>              | <b>Finals</b> | <b>Wind</b> |
|---|--------------|----------------------------|---------------|-------------|
| 4 | Jesse Rabuka | St. Michael - Kemptville   | 19.21         | NWI         |
| 5 | Jack Davison | Brockville CI - Brockville | 20.57         | NWI         |

**Event 79 Women 400 Meter Hurdles Senior**

|               | <b>Name</b>     | <b>School</b>                  | <b>Finals</b> |
|---------------|-----------------|--------------------------------|---------------|
| <b>Finals</b> |                 |                                |               |
| 1             | Victoria Ford   | Thousand Islands SS            | 1:06.57       |
| 2             | Willow Burnette | North Grenville Dhs - Kemptvil | 1:10.35       |
| 3             | Aimee Galbraith | St. Michael - Kemptville       | 1:12.82       |
| 4             | Sophie Woerner  | Thousand Islands SS            | 1:13.83       |
| 5             | Celia Giroux    | Thousand Islands SS            | 1:22.53       |

**Event 80 Men 400 Meter Hurdles Senior**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> |
|---------------|------------------|--------------------------------|---------------|
| <b>Finals</b> |                  |                                |               |
| 1             | Jory Leakey      | Thousand Islands SS            | 1:02.07       |
| 2             | Nolan Tym        | North Grenville Dhs - Kemptvil | 1:04.50       |
| 3             | Vince Huntington | St. Mary Chs - Brockville      | 1:04.61       |
| 4             | Elias Verburg    | Athens District High School    | 1:06.05       |
| 5             | Marlo Kelln      | St. Michael - Kemptville       | 1:09.26       |
| 6             | Jack Davison     | Brockville CI - Brockville     | 1:10.75       |

**Event 81 Women High Jump Senior**

|               | <b>Name</b>          | <b>School</b>            | <b>Finals</b> |
|---------------|----------------------|--------------------------|---------------|
| <b>Finals</b> |                      |                          |               |
| 1             | Jillian Montgomery   | Gananoque SS - Gananoque | J1.30m        |
| 2             | Tia zufelt-McCulloch | Gananoque SS - Gananoque | J1.30m        |

**Event 82 Men High Jump Senior**

|               | <b>Name</b>   | <b>School</b>              | <b>Finals</b> |
|---------------|---------------|----------------------------|---------------|
| <b>Finals</b> |               |                            |               |
| 1             | Zach Campbell | Gananoque SS - Gananoque   | 1.75m         |
| 2             | Ethan Glen    | Rideau District HS - Elgin | 1.65m         |
| 3             | Riley Simpson | Gananoque SS - Gananoque   | 1.60m         |

**Event 83 Women Pole Vault Senior**

|               | <b>Name</b>   | <b>School</b>       | <b>Finals</b> |
|---------------|---------------|---------------------|---------------|
| <b>Finals</b> |               |                     |               |
| 1             | Hailie Cooper | Thousand Islands SS | 1.80m         |

**Event 84 Men Pole Vault Senior**

|               | <b>Name</b>      | <b>School</b>             | <b>Finals</b> |
|---------------|------------------|---------------------------|---------------|
| <b>Finals</b> |                  |                           |               |
| 1             | Charlie Limburg  | Thousand Islands SS       | 3.40m         |
| 2             | Vince Huntington | St. Mary Chs - Brockville | 1.50m         |

**Event 85 Women Long Jump Senior**

|               | <b>Name</b>        | <b>School</b>              | <b>Finals</b> | <b>Wind</b> |
|---------------|--------------------|----------------------------|---------------|-------------|
| <b>Finals</b> |                    |                            |               |             |
| 1             | Gwen Kelly         | St. Michael - Kemptville   | 4.85m         | NWI         |
| 2             | Grace Jardine      | Brockville CI - Brockville | 4.40m         | NWI         |
| 3             | Jillian Montgomery | Gananoque SS - Gananoque   | 4.36m         | NWI         |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 85 Women Long Jump Senior)**

|    | <b>Name</b>       | <b>School</b>               | <b>Finals</b> | <b>Wind</b> |
|----|-------------------|-----------------------------|---------------|-------------|
| 4  | Devyn Kingsley    | Ange-Gabriel                | 4.34m         | NWI         |
| 5  | Capri Munro       | Ange-Gabriel                | 4.27m         | NWI         |
| 6  | Olivia Bos        | St. Mary Chs - Brockville   | 4.17m         | NWI         |
| 7  | Nikki Bartholomew | Rideau District HS - Elgin  | 4.02m         | NWI         |
| 8  | Morgan Coleman    | Athens District High School | 3.97m         | NWI         |
| 9  | Gabrielle Perry   | South Grenville Dhs         | 3.72m         | NWI         |
| 10 | Yuehan Zhao       | Fulford Academy             | 3.63m         | NWI         |
| 11 | Yuzumi Donjo      | Fulford Academy             | 3.61m         | NWI         |
| 12 | Brindle Schaafsma | Thousand Islands SS         | 3.58m         | NWI         |
| 13 | Kolbee Van Hiel   | Brockville CI - Brockville  | 3.31m         | NWI         |
| 14 | Danilee Repmann   | Athens District High School | 2.75m         | NWI         |

**Event 86 Men Long Jump Senior**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> | <b>Wind</b> |
|---------------|------------------|--------------------------------|---------------|-------------|
| <b>Finals</b> |                  |                                |               |             |
| 1             | Owen Miles       | Athens District High School    | 5.85m         | NWI         |
| 2             | Zach Campbell    | Gananoque SS - Gananoque       | J5.73m        | NWI         |
| 3             | Braxton Herbison | Thousand Islands SS            | J5.73m        | NWI         |
| 4             | Riley Simpson    | Gananoque SS - Gananoque       | 5.62m         | NWI         |
| 5             | Wyatt Woodcock   | St. Mary Chs - Brockville      | 5.56m         | NWI         |
| 6             | Ethan Mallette   | St. Mary Chs - Brockville      | 5.34m         | NWI         |
| 7             | Kaiden West      | St. Michael - Kemptville       | 4.91m         | NWI         |
| 8             | Oliver Moorhead  | Gananoque SS - Gananoque       | 4.82m         | NWI         |
| 9             | Sasha Reynolds   | Fulford Academy                | 4.74m         | NWI         |
| 10            | Aaron Smid       | Athens District High School    | 4.73m         | NWI         |
| 11            | Wesley Miles     | Athens District High School    | 4.62m         | NWI         |
| 12            | Garret Jenkinson | Athens District High School    | 4.33m         | NWI         |
| 13            | Brent Munroe     | North Grenville Dhs - Kemptvil | 3.18m         | NWI         |
| ---           | Cameron Kelly    | St. Michael - Kemptville       | ND            | NWI         |

**Event 87 Women Triple Jump Senior**

|               | <b>Name</b>          | <b>School</b>              | <b>Finals</b> | <b>Wind</b> |
|---------------|----------------------|----------------------------|---------------|-------------|
| <b>Finals</b> |                      |                            |               |             |
| 1             | Ella Hanna           | Gananoque SS - Gananoque   | 9.73m         | NWI         |
| 2             | Tia zufelt-McCulloch | Gananoque SS - Gananoque   | 9.37m         | NWI         |
| 3             | Capri Munro          | Ange-Gabriel               | J9.20m        | NWI         |
| 4             | Devyn Kingsley       | Ange-Gabriel               | J9.20m        | NWI         |
| 5             | Grace Jardine        | Brockville CI - Brockville | 8.96m         | NWI         |
| 6             | Olivia Bos           | St. Mary Chs - Brockville  | 8.61m         | NWI         |
| 7             | Sandra Lamaza        | Brockville CI - Brockville | 8.21m         | NWI         |
| 8             | Kolbee Van Hiel      | Brockville CI - Brockville | 7.57m         | NWI         |

**Event 88 Men Triple Jump Senior**

|               | <b>Name</b>    | <b>School</b>               | <b>Finals</b> | <b>Wind</b> |
|---------------|----------------|-----------------------------|---------------|-------------|
| <b>Finals</b> |                |                             |               |             |
| 1             | Owen Miles     | Athens District High School | 12.17m        | NWI         |
| 2             | Zach Campbell  | Gananoque SS - Gananoque    | 12.15m        | NWI         |
| 3             | Rylan Miller   | St. Mary Chs - Brockville   | 11.18m        | NWI         |
| 4             | Wyatt Woodcock | St. Mary Chs - Brockville   | 10.35m        | NWI         |
| 5             | Wesley Miles   | Athens District High School | 9.44m         | NWI         |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Finals ... (Event 88 Men Triple Jump Senior)**

| Name           | School                      | Finals | Wind |
|----------------|-----------------------------|--------|------|
| 6 Kody Freeman | Athens District High School | 8.51m  | NWI  |

**Event 89 Women Shot Put Senior**

| Name                 | School                     | Finals |
|----------------------|----------------------------|--------|
| <b>Finals</b>        |                            |        |
| 1 Praise Majemite    | Brockville CI - Brockville | 9.29m  |
| 2 Courtney Hoekstra  | Rideau District HS - Elgin | 8.31m  |
| 3 Haylee Touchbourne | Rideau District HS - Elgin | 7.49m  |
| 4 Jaylynn Whitehead  | Gananoque SS - Gananoque   | 7.23m  |
| 4 Maddy Pepper       | Rideau District HS - Elgin | 7.23m  |
| 6 Avalynn Higgs      | Rideau District HS - Elgin | 7.20m  |
| 7 Macy Prosser       | South Grenville Dhs        | 7.12m  |
| 8 Gabrielle Madden   | Ange-Gabriel               | 6.72m  |
| 9 Kaylee Gigacz      | St. Michael - Kemptville   | 5.88m  |
| --- Sommar Roberts   | Gananoque SS - Gananoque   | DQ     |

**Event 90 Men Shot Put Senior**

| Name               | School                      | Finals |
|--------------------|-----------------------------|--------|
| <b>Finals</b>      |                             |        |
| 1 Blake Edwards    | St. Mary Chs - Brockville   | 12.57m |
| 2 Isaac Huntington | St. Mary Chs - Brockville   | 11.89m |
| 3 Jeremie Ashie    | St. Michael - Kemptville    | 11.14m |
| 4 Jordan Dejong    | St. Michael - Kemptville    | 10.90m |
| 5 Carter Seeley    | St. Michael - Kemptville    | 10.14m |
| 6 Nolan Morrow     | Rideau District HS - Elgin  | 9.90m  |
| 7 Theo Pedherney   | Rideau District HS - Elgin  | 8.10m  |
| 8 Taha Konyalioglu | Fulford Academy             | 7.75m  |
| 9 Sawyer Knox      | Athens District High School | 7.52m  |
| 10 Ryoya Kataoka   | Fulford Academy             | 7.43m  |

**Event 91 Women Discus Throw Senior**

| Name              | School                     | Finals |
|-------------------|----------------------------|--------|
| <b>Finals</b>     |                            |        |
| 1 Avalynn Higgs   | Rideau District HS - Elgin | 20.18m |
| 2 Praise Majemite | Brockville CI - Brockville | 18.81m |
| 3 Sommar Roberts  | Gananoque SS - Gananoque   | 18.08m |
| 4 Kaylee Gigacz   | St. Michael - Kemptville   | 17.46m |
| 5 Maddy Pepper    | Rideau District HS - Elgin | 17.02m |
| 6 Tabitha Cassibo | Brockville CI - Brockville | 13.10m |

**Event 92 Men Discus Throw Senior**

| Name               | School                     | Finals |
|--------------------|----------------------------|--------|
| <b>Finals</b>      |                            |        |
| 1 Isaac Huntington | St. Mary Chs - Brockville  | 37.63m |
| 2 Niko Besignano   | Thousand Islands SS        | 33.44m |
| 3 David DeVries    | Gananoque SS - Gananoque   | 31.70m |
| 4 Cohen Smith      | Gananoque SS - Gananoque   | 27.41m |
| 5 Nolan Morrow     | Rideau District HS - Elgin | 27.16m |
| 6 Jeremie Ashie    | St. Michael - Kemptville   | 20.19m |
| 7 Jordan Dejong    | St. Michael - Kemptville   | 3.31m  |
| --- Ayden Belles   | Gananoque SS - Gananoque   | FOUL   |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 93 Women Javelin Throw Senior**

|               | <b>Name</b>          | <b>School</b>              | <b>Finals</b> |
|---------------|----------------------|----------------------------|---------------|
| <b>Finals</b> |                      |                            |               |
| 1             | Jaylynn Whitehead    | Gananoque SS - Gananoque   | 35.93m        |
| 2             | Sophie Woerner       | Thousand Islands SS        | 33.64m        |
| 3             | Hannah Opalka        | Thousand Islands SS        | 29.63m        |
| 4             | Courtney Hoekstra    | Rideau District HS - Elgin | 25.72m        |
| 5             | Haylee Touchbourne   | Rideau District HS - Elgin | 22.86m        |
| 6             | Tia zufelt-McCulloch | Gananoque SS - Gananoque   | 21.08m        |
| 7             | Addison Perrin       | Brockville CI - Brockville | 20.24m        |
| 8             | Avalynn Higgs        | Rideau District HS - Elgin | 17.67m        |
| 9             | Sgoboro Stella       | Thousand Islands SS        | 17.64m        |
| 10            | Katie Casselman      | South Grenville Dhs        | 17.51m        |
| 11            | Ellia Russell        | St. Michael - Kemptville   | 16.22m        |
| 12            | Shelley Johnstone    | Brockville CI - Brockville | 14.45m        |
| 13            | Gabrielle Madden     | Ange-Gabriel               | 13.42m        |
| 14            | Abbey Archibald      | St. Michael - Kemptville   | 12.55m        |
| 15            | Lavinia Palazzo      | Thousand Islands SS        | 10.87m        |
| ---           | Chloe Casselman      | South Grenville Dhs        | X17.31m       |

**Event 94 Men Javelin Throw Senior**

|               | <b>Name</b>    | <b>School</b>              | <b>Finals</b> |
|---------------|----------------|----------------------------|---------------|
| <b>Finals</b> |                |                            |               |
| 1             | Nolan Morrow   | Rideau District HS - Elgin | 42.69m        |
| 2             | Ryan Crotty    | Thousand Islands SS        | 41.51m        |
| 3             | River Irvine   | Brockville CI - Brockville | 38.15m        |
| 4             | Theo Pedherney | Rideau District HS - Elgin | 36.96m        |
| 5             | Ethan Glen     | Rideau District HS - Elgin | 36.48m        |
| 6             | Rowan Murphy   | St. Michael - Kemptville   | 35.95m        |

**Event 95 Women 4x100 Meter Relay Senior**

|               | <b>Team</b>                   | <b>Relay</b> | <b>Finals</b> |
|---------------|-------------------------------|--------------|---------------|
| <b>Finals</b> |                               |              |               |
| 1             | Thousand Islands SS           |              | 49.90         |
| 2             | St. Michael - Kemptville      |              | 52.78         |
| 3             | North Grenville Dhs - Kemptvi |              | 54.07         |
| 4             | Thousand Islands SS           | B            | 54.57         |
| 5             | Brockville CI - Brockville    |              | 57.68         |
| 6             | Rideau District HS - Elgin    |              | 58.68         |
| 7             | Athens District High School   |              | 59.24         |

**Event 96 Men 4x100 Meter Relay Senior**

|               | <b>Team</b>                   | <b>Relay</b> | <b>Finals</b> |
|---------------|-------------------------------|--------------|---------------|
| <b>Finals</b> |                               |              |               |
| 1             | Thousand Islands SS           |              | 43.36         |
| 2             | St. Michael - Kemptville      |              | 44.49         |
| 3             | North Grenville Dhs - Kemptvi |              | 45.99         |
| 4             | Gananoque SS - Gananoque      |              | 47.98         |
| 5             | Thousand Islands SS           | B            | 48.51         |
| 6             | South Grenville Dhs           |              | 48.86         |
| 7             | Athens District High School   |              | 49.66         |

**LGSSAA Track & Field Championship 2025****Thousand Islands Secondary School****Results****Event 97 Women 2000 Meter Steeplechase Open**

|               | <b>Name</b>  | <b>School</b>                  | <b>Finals</b> |
|---------------|--------------|--------------------------------|---------------|
| <b>Finals</b> |              |                                |               |
| 1             | Brynn Bowman | Gananoque SS - Gananoque       | 7:58.88       |
| 2             | Eve Brewin   | Thousand Islands SS            | 9:50.51       |
| 3             | Alison Jones | North Grenville Dhs - Kemptvil | 11:26.37      |

**Event 98 Men 2000 Meter Steeplechase Open**

|               | <b>Name</b>      | <b>School</b>                  | <b>Finals</b> |
|---------------|------------------|--------------------------------|---------------|
| <b>Finals</b> |                  |                                |               |
| 1             | Jake Watkins     | North Grenville Dhs - Kemptvil | 7:15.38       |
| 2             | Parker Goguen    | Thousand Islands SS            | 7:19.71       |
| 3             | Hunter Stevenson | North Grenville Dhs - Kemptvil | 7:23.19       |
| 4             | Rhyley Tye       | Rideau District HS - Elgin     | 8:02.85       |
| 5             | Kody Freeman     | Athens District High School    | 10:07.89      |

**Event 99 Women 4x400 Meter Relay Open**

|               | <b>Team</b>                   | <b>Relay</b> | <b>Finals</b> |
|---------------|-------------------------------|--------------|---------------|
| <b>Finals</b> |                               |              |               |
| 1             | Thousand Islands SS           |              | 4:13.23       |
| 2             | North Grenville Dhs - Kemptvi |              | 4:26.95       |
| 3             | Thousand Islands SS           | B            | 4:30.18       |
| 4             | Gananoque SS - Gananoque      |              | 4:36.03       |

**Event 100 Men 4x400 Meter Relay Open**

|               | <b>Team</b>                   | <b>Relay</b> | <b>Finals</b> |
|---------------|-------------------------------|--------------|---------------|
| <b>Finals</b> |                               |              |               |
| 1             | Thousand Islands SS           |              | 3:32.89       |
| 2             | Thousand Islands SS           | B            | 3:34.21       |
| 3             | North Grenville Dhs - Kemptvi |              | 3:35.76       |
| 4             | St. Mary Chs - Brockville     |              | 3:37.34       |
| 5             | St. Michael - Kemptville      |              | 3:56.19       |

**Event 101 Women 100 Meter Dash Ambulatory**

|               | <b>Name</b>            | <b>School</b>              | <b>Finals</b> | <b>Wind</b> |
|---------------|------------------------|----------------------------|---------------|-------------|
| <b>Finals</b> |                        |                            |               |             |
| 1             | Madison Neill          | Brockville CI - Brockville | 34.20         | NWI         |
| 2             | Alicia Davies-Johnston | Thousand Islands SS        | 42.23         | NWI         |

**Event 104 Men 100 Meter Dash Visually Imp.**

|               | <b>Name</b>  | <b>School</b>       | <b>Finals</b> | <b>Wind</b> |
|---------------|--------------|---------------------|---------------|-------------|
| <b>Finals</b> |              |                     |               |             |
| 1             | Dean Edwards | Thousand Islands SS | 18.11         | NWI         |

**Event 106 Men 100 Meter Dash Intellectually Imp.**

|                      | <b>Name</b>  | <b>School</b>       | <b>Prelims</b> | <b>Wind</b> |
|----------------------|--------------|---------------------|----------------|-------------|
| <b>Preliminaries</b> |              |                     |                |             |
| 1                    | Caleb Young  | Thousand Islands SS | 15.71 q        | NWI         |
| 2                    | Harper Jaxon | Thousand Islands SS | 16.83 q        | NWI         |
| 3                    | Colton Hanna | Thousand Islands SS | 21.17 q        | NWI         |

**LGSSAA Track & Field Championship 2025**  
**Thousand Islands Secondary School**  
**Results**

**Event 121 Women Shot Put Ambulatory**

|               | <b>Name</b>            | <b>School</b>       | <b>Finals</b> |
|---------------|------------------------|---------------------|---------------|
| <b>Finals</b> |                        |                     |               |
| 1             | Alicia Davies-Johnston | Thousand Islands SS | 4.64m         |
| 2             | Brooklyn Lisquim       | Thousand Islands SS | 2.15m         |

**Event 124 Men Shot Put Intellectually Imp.**

|               | <b>Name</b>  | <b>School</b>       | <b>Finals</b> |
|---------------|--------------|---------------------|---------------|
| <b>Finals</b> |              |                     |               |
| 1             | Harper Jaxon | Thousand Islands SS | 7.27m         |
| 2             | Dean Edwards | Thousand Islands SS | 5.14m         |
| 3             | Colton Hanna | Thousand Islands SS | 3.87m         |